



# Population and Public Health

Staff Development Half Days

June 12 and 13, 2019

8:30-12:00

Centre Culturel Franco-Manitobain, 340  
Provencher Blvd.

# Traditional Territories Acknowledgement

The Winnipeg Regional Health Authority acknowledges that it provides health services in facilities located on the original lands of Treaty I and on the homelands of the Metis Nation. WRHA respects that the First Nation treaties were made on these territories and acknowledge the harms and mistakes of the past, and we dedicate ourselves to collaborate in partnership with First Nation, Metis and Inuit people in the spirit of reconciliation.

<http://www.wrha.mb.ca/about/truth-reconciliation.php>

# Objectives of Staff Development Half Day Sessions

- Enhance knowledge exchange between PPH program areas
- Support networking and increase staff cohesion of the PPH program
- Apply concepts to practice – share different knowledge, perspectives, skills, and resources – and reflect on opportunities to work better together

# Today

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## **Welcome**

**Teaching & Prayer - Rev. Mr. Michael Thiber, Indigenous Health Programs**

**Population and Public Health Update - Leadership Team**

## **Presentations:**

- **Ways of Knowing and Working Together (PPH Staff Development Team)**
- **13 Moons Harm Reduction: Culture as Harm Reduction (Jenna Wirch)**

## **Break**

**Reflections on presentations - Building on the principles of a talking circle**

## **Closing**

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# The circle

- In a circle
- No one is in front of you,
- No one is behind you,
- No one is above you
- No one is below you.
- Everyone is equal and needed.
- A circle is strong.
- A circle is never ending – the cycle of the moon, the life cycle, seasons cycle, etc.

# Rev. Mr. Michael Thiber, Indigenous Health Programs





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Gina Trinidad, Chief Health Operations Officer,  
Continuing Care and Community, WRHA



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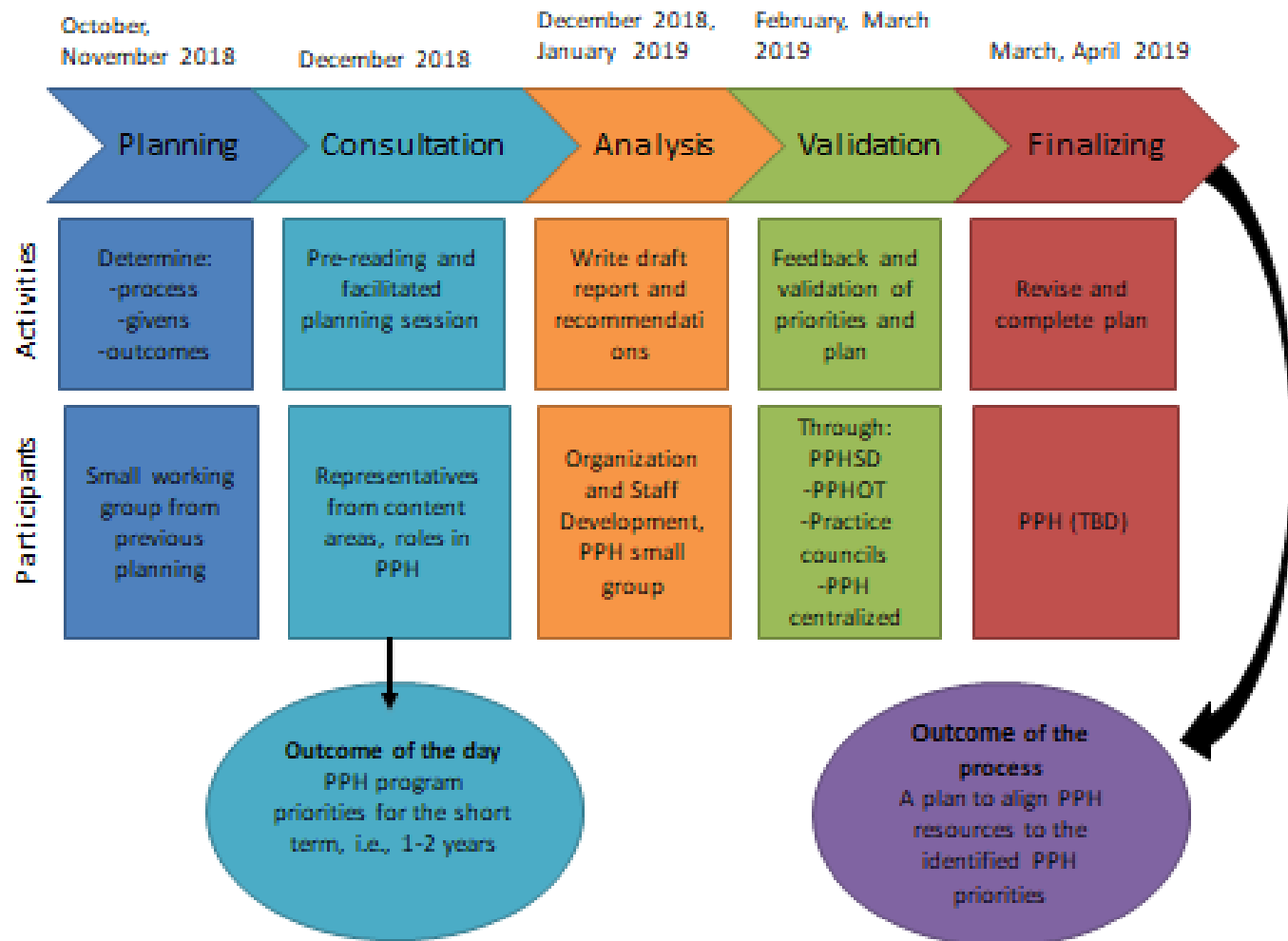
## **A Year in Review**

Carolyn Perchuk, Director Population and Public Health

Lawrence Elliott, Medical Director and Lead Medical  
Officer of Health



# Strategic Priorities Conversations



# Mission

Population and Public Health improves population health, promotes health equity, and supports a sustainable health system.

We achieve this through rights-based reconciliation, collaboration and vibrant community partnerships; and moving knowledge to action.



# What is Rights-Based Reconciliation?

"Reconciliation will never be achieved so long as one side sees it as a recognition of rights, and the other side sees it as an act of benevolence."

- Murray Sinclair

- United Nations Declaration on the Rights of Indigenous Peoples
  - The right to self-determination
  - The right to cultural Identity
  - The right to free, prior and informed consent
  - Protection from discrimination

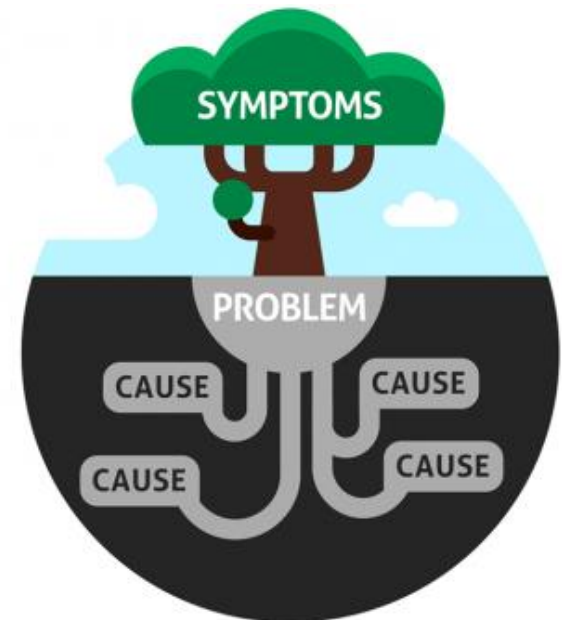
# Priorities

Meaningfully engage with communities to build trusting relationships and collaboratively identify priorities, actions, and indicators to improve health, with a priority on working with Indigenous communities.



# Priorities

Identify, prioritize, and take action on the root causes of health gaps.



# Priorities

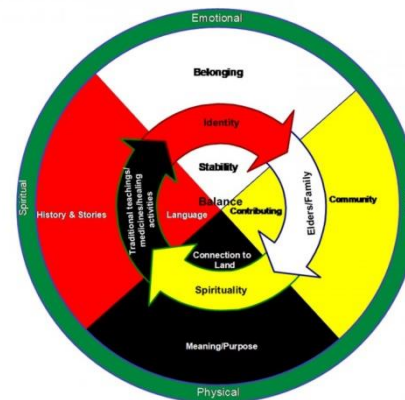
Communicate what public health is, and what we do, with community, stakeholders, and leaders.



got public health?

# Priorities

Strengthen our capacity to collect and use data and knowledge, being mindful of what we collect and how we use it.

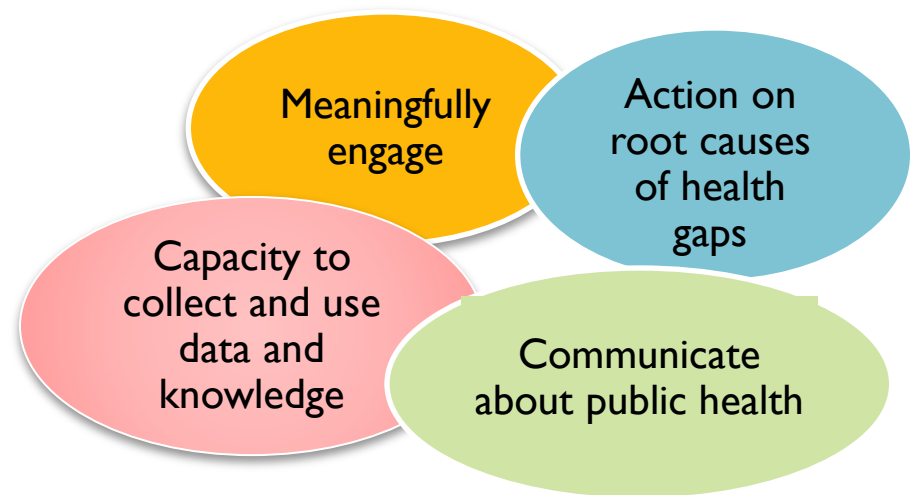


Kyoon-Achan et al. (2018) Looking back, moving forward: a culture-based framework to promote mental wellbeing in Manitoba First Nations communities, *International Journal of Culture and Mental Health*, 11:4, 679-692.

# Next Steps

## Strategic Priority Implementation Plan

- PPH oversight
- Four priority leadership groups
- Content/service/community areas





# Roles

## PPH oversight:

- coordinate leadership groups for each priority
- receive recommendations from leadership groups and make decisions

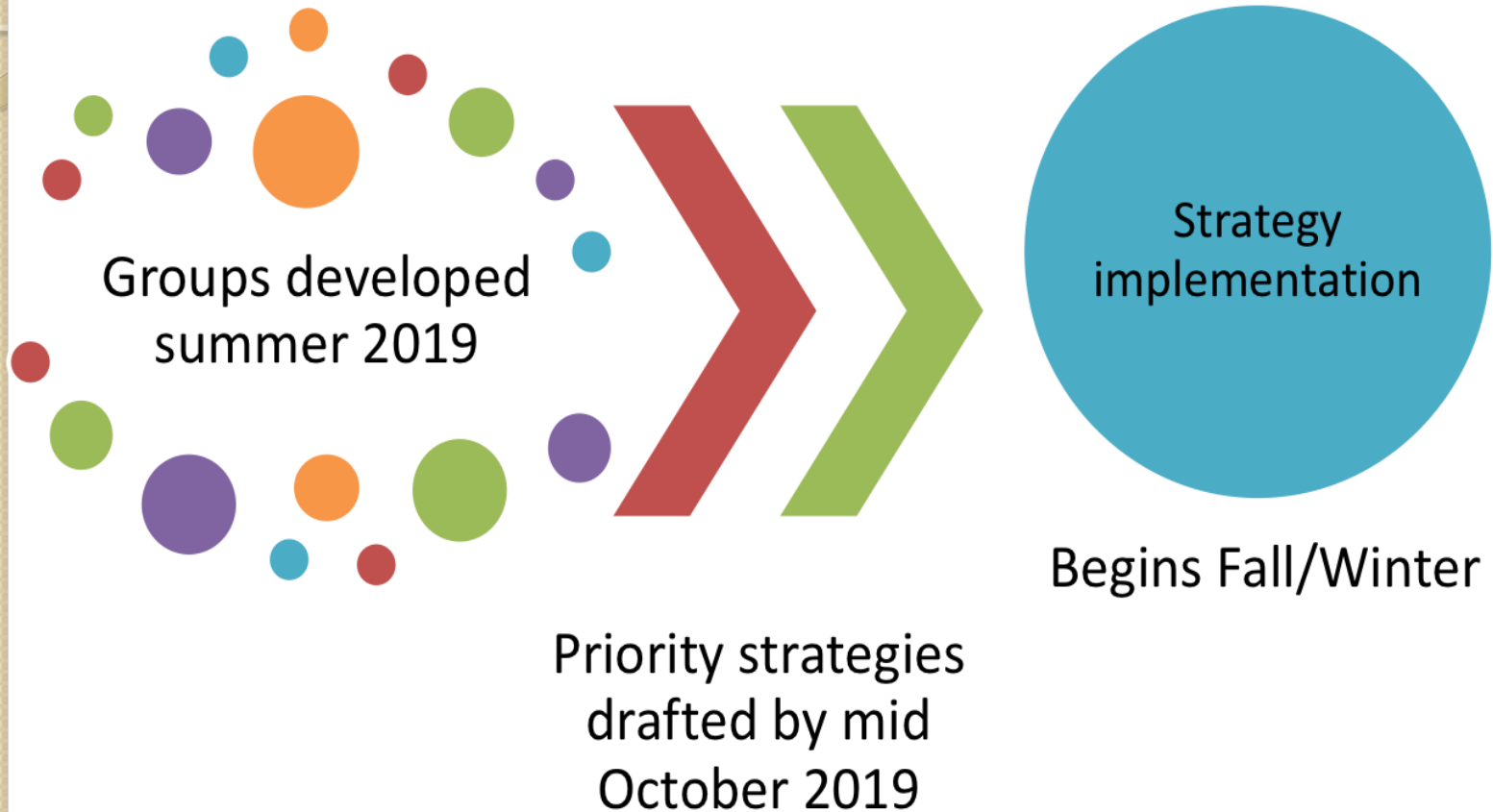
## Priority leadership groups:

- propose main activities
- determine outcomes and measures (18 mo-2 years)
- identify recommendations for how we will move work forward, skills and knowledge required

## Content/service/community areas:

- identify how to integrate priorities
- identify how priorities will be addressed
- consider how we may do things differently

# Timeline



# STBBI Outbreak

- Significant outbreaks of STBBI affecting structurally disadvantaged populations
- Has required significant re-organization/allocation of work force and support at provincial and regional levels to inform outbreak response



# Healthy Parenting Winnipeg


## Information for Growing Families

**PREGNANCY** | **BIRTH TO ONE** | **TODDLER** | **PRESCHOOL** | **SEARCH**  | **TOPICS** 



Infant Feeding

Search by  
**TOPIC**



Activity



Immunization



Common Childhood Illnesses



Safety



Substance Use



Well-being & Mental Health



Community Supports



Growth and Development



Breastfeeding



Dads and Partners

# Home Visitors Day

- Finally, June 14<sup>th</sup> is proclaimed Home Visitors Day
- Acknowledge and honour the remarkable work our Home Visitors do every day

# Thank you!

## PPH Staff Development Committee

- Cathy Mackereth
- Claire Meiklejohn
- Corinne Budz
- Deanna Betteridge
- Kaylee Michnik
- Hannah Moffatt
- Sarah Prowse
- Shelley Marshall
- Val Gregg