Winnipeg Regional Health Authority | Office régional de la santé de Winnipeg
Caring for Health | À l'écoute de notre santé

River East and Transcona
LOCAL HEALTH INVOLVEMENT GROUP

DATE: **Tuesday, October 13, 2015**

TIME: **5:30pm dinner, 5:45 meeting started**

PLACE: **Access River East – 975 Henderson Hwy**

PRESENT: **LHIG Members**:
Janelle Blaikie
Emma Durand-Wood
Beth Fernandes
Frank Fiorentino
Donald Grier
Jonathon Lloyd
Darlene Karp
Maureen Peniuk
Judy Posthumus
Brenda Rocchio
AD Zallack

WRHA Support to LHIGs
Colleen Schneider, Manager, LHIGs
Debra Vanance, Community Area Director

Regrets:
Christine Bonnett
Doris Koop, WRHA Board Liaison
Norman Meade
Brian Reinisch

1.0 **Call To Order**
Colleen called the meeting to order at 5:45pm, welcomed everyone. Members participated in ice-breaker.

2.0 **Agenda – October 13, 2015**
Moved by A.D. Zallack Seconded by Frank Fiorentino
RESOLVED THAT the agenda of October 13, 2015 be approved as circulated.

3.0 **Minutes – February 19, 2015**
Moved by Darlene Karp Seconded by Brenda Rocchio
RESOLVED THAT the minutes of February 19, 2015 be approved as circulated.

4.0 New Business:

4.1 Colleen introduced first LHIG topic for 2015-16 – "Winnipeg Public Perspectives on Potential Actions for the Province's Continuing Care Strategy" and provided background/context for exploration of this topic.

4.2 **Questions:** Action Item #1: Help people stay at home by investing in community supports and focusing on wellness, capacity building, and restoration.

4.2.1 In large group,

- What would have to be in place (family support, community support/ involvement, home care, other health supports) to enable seniors and people living with chronic conditions to age in place? (Keep in mind -- financial challenges, housing, mobility, support network, being a Newcomer, language and/or cultural barriers, personal health practices, coping skills, mental health and wellness, etc.)

4.2.2 In small groups of 3 or 4…

- What gaps do you see that could make it difficult to successfully age in place?

4.2.3 Check-in, final thoughts – "The key to helping seniors/those living with chronic conditions to age in place is..."

4.3 Next steps – LHIGs to provide input on action areas 3, 4, and 7 at November meetings. Draft report would be prepared for review and feedback in December. Co-chairs to present to Board at January meeting.

5.0 Other business:

5.1 Co-Chairs for 2015-16 Year: Colleen shared information about the role of Co-chairs. Judy Posthumus, Emma Durand-Wood, Jon Lloyd, and Janelle Blaikie volunteered to be Co-Chairs.

Moved by Frank Fiorentino Seconded by Brenda Rocchio

RESOLVED THAT Judy Posthumus, Emma Durand-Wood, Jon Lloyd, and Janelle Blaikie serve as Co-Chairs for the 2015-16 year of meetings of the St Boniface and St Vital LHIG

5.1 LHIG members brainstormed potential future topic ideas.

5.2 Jerry invited members to attend the upcoming WRHA Annual General Meeting (October 27, 2015)

5.3 Next meeting dates – Thursday, November 12, 2015 and February 8, 2016

5.4 Members completed meeting evaluations.

6.0 Meeting was adjourned at 7:55pm