



**River East and Transcona
LOCAL HEALTH INVOLVEMENT GROUP**

DATE: Thursday, January 17, 2019
TIME: 5:30pm dinner, 5:45 meeting started
PLACE: Access Transcona – 845 Regent Avenue West

PRESENT: LHIG Members:

Joseph Geodisco
Leslie Hancock
Birgit Hartel
Linda Hughes
Bob McIntyre
January Melillo
Justine Panganiban
Reetul Patel
Marco Pena
Sam Perez
Pedro Proano
Matthew Quaye

WRHA Support to LHIGs

Donna Jacobs, Team Manager, Community Care and Public Health
Julie-Anne McCarthy, Mental Health Program Specialist
Judith Scanlan, Director, WRHA Board
Colleen Schneider, Manager, LHIGs

Regrets:

Gloria Bednar
Ben McGillvary (and Cheryl)
Simran Saggi

1.0 Call To Order

Reetul called the meeting to order at 5:46pm. Members introduced themselves and participated in an ice-breaker.

2.0 Agenda – January 17, 2019

Moved by Bob McIntyre

Seconded by Joseph Geodisco

RESOLVED THAT the agenda of January 17, 2019 be approved as circulated

3.0 Minutes – November 13, 2018

Moved by Birgit Hartel

Seconded by January Melillo

RESOLVED THAT the minutes of November 13, 2018 be approved as circulated

4.0 Business Arising:

4.1 Update on Mental Health and Addictions Report – the report will be presented to the Board on Tuesday, January 22. Colleen is looking for co-chairs to help present. Joseph and Birgit volunteered.

5.0 New Business:

5.1 New topic – Mental Health Promotion – presentation by Monique Popp.

5.2 Questions for feedback

5.2.1 What promotes good mental health?

5.2.2 In your neighbourhood, what attributes and resources do you see that promote good mental health? (i.e. protective factors)

5.2.3 In your neighbourhood, what challenges do you see that put good mental health at risk? (i.e. risk factors)

5.2.4 What are the most significant equity issues in your neighbourhood (income, housing, education, social networks, employment, safety, etc.)?

5.2.5 Given that those equity issues will impact peoples' ability to access resources, environments, etc. that promote positive mental health – do you have ideas of how we can address those equity issues and enable people to seek (and access) opportunities to improve their mental health? Describe a healthy community/neighbourhood that promotes good mental health. What attributes and resources would there be?

5.3 Next steps – second meeting on Mental Health Promotion that will focus on how mental health promotion can be integrated into the health care system.

6.0 Other business:

6.1 LHIG members were asked to share their ideas for future topics

6.2 Feedback/use of input from the LHIGs – Colleen shared that a working group is being developed to develop tools and processes to improve the patient journey (from insights and recommendations in the Patient Journey Report)

6.3 Date for next meeting – Thursday, March 7, 2019.

6.4 Meeting evaluations were completed.

7.0 The meeting was adjourned at 8:05pm.