

## River East and Transcona LOCAL HEALTH INVOLVEMENT GROUP

DATE: Thursday, March 7, 2019

TIME: 5:30pm dinner, 5:45 meeting started

PLACE: Access Transcona – 845 Regent Avenue West

**PRESENT: LHIG Members:** 

Gloria Bednar Leslie Hancock Birgit Hartel Linda Hughes

Ben McGillvary (and Cheryl)

Bob McIntyre

Justine Panganiban

Reetul Patel Marco Pena Sam Perez Matthew Quaye Simran Saggi

*CC* 

WRHA Support to LHIGs
Colleen Schneider, Manager, LHIGs

Deb Vanance, Community Area Director, River East and Transcona

Regrets:

Joseph Geodisco January Melillo

## 1.0 Call To Order

Ben called the meeting to order at 5:44pm. Members introduced themselves and participated in an ice-breaker.

## 2.0 Agenda – March 7, 2019

Moved by Birgit Hartel Seconded by Marco Pena RESOLVED THAT the agenda of March 7, 2019 be approved as circulated

#### 3.0 Minutes – January 17, 2019

Moved by Bob McIntyre Seconded by Gloria Bednar RESOLVED THAT the minutes of January 17, 2019 be approved as circulated

### 4.0 Business Arising:

- **4.1** Colleen shared short presentation on mental health promotion
- **4.2** In small groups, LHIG members provided feedback on the following questions:
  - What is the role of the health care system in mental health promotion?
  - What is the role of primary care in mental health promotion?
  - If mental health promotion was integrated across the health care system, what would that look like?
  - Are there touch points within the system where mental health promotion is a priority?
  - What is the role of education system (from daycares to universities) in mental health promotion for children and youth?
  - What is the role of community and the general public in promoting mental health?
  - How can the WRHA work in partnership towards mental health and well-being?
- **4.3** Next steps Colleen shared next steps for this topic. She will be writing a draft report which will be shared with all LHIG members for feedback. The report will be presented at the End of Year Meeting in April.

# **5.0** Other business:

- **5.1** Ideas for future topics Colleen shared overview of topics that LHIG members have shared this year. At the end of year meeting, LHIG members will be voting on topics for next year.
- **5.2** Recruitment recruitment is underway of all of the LHIGs. Colleen asked members to share information with friends, co-workers, neighbours, etc.
- **5.3** End of Year Meeting scheduled for April 23, 2019 at Deer Lodge Centre.
- **5.4** Member issue Linda shared her experience as a patient about the announcement of the closure of the Family Medical Centre on Tache.

Motion – Linda Hughes

Seconded by – Bob McIntyre

That a letter about her experience and suggestion for a better communication plan with patients be sent to Real Cloutier – carried.

- Colleen drafted a letter which was reviewed and finalized by LHIG members. This was mailed to Real Cloutier. Real responded to the letter in late April.
- **5.5** End of Year Evaluation LHIG members completed the end of year evaluation survey.
- **6.0** The meeting was adjourned at 8:04pm.