



## **River Heights and Fort Garry LOCAL HEALTH INVOLVEMENT GROUP**

**DATE:** Thursday, October 8, 2015  
**TIME:** 5:30pm dinner, 5:45 meeting started  
**PLACE:** WRHA Community Office at 2735 Pembina Hwy  
**PRESENT:** **Council Members:**  
Barbara Bourrier-Lacroix  
Subas Dahal  
Roni Dhaliwal  
Alison Hamilton  
Meryle Lewis  
Natalie LoVetri  
Melanie Matte  
Lana McGimsey  
Kateri Muys  
Timi Ojo  
Amanda Rozyk  
Pete Sarsfield  
Richard Whitbread  
Adrienne Yeung

### **WRHA Staff and Volunteer Support to Councils**

Jeanette Edwards, Regional Director, Primary Care and Chronic Disease Collaborative  
Catherine Robbins, COO, Victoria General Hospital  
Dana Rudy, Community Area Director  
Colleen Schneider, CHAC Manager  
Bruce Thompson, WRHA Board Liaison

### **Regrets:**

Jeff Cook, WRHA Board Liaison (alternate)  
Sharon Dainard

### **1.0 Call To Order**

Colleen called the meeting to order at 5:45pm, welcomed everyone. Members participated in ice-breaker.

## 2.0 Agenda – October 8, 2015

Moved by Barbara Bourrier-Lacroix

Seconded by Kateri Muys

RESOLVED THAT the agenda of October 8, 2015 be approved as circulated.

## 3.0 Minutes – March 9, 2015

Moved by Lana McGimsey

Seconded by Natalie LoVetri

RESOLVED THAT the minutes of March 9, 2015 be approved as circulated.

## 4.0 New Business:

4.1 Colleen introduced first LHIG topic for 2015-16 – “Winnipeg Public Perspectives on Potential Actions for the Province’s Continuing Care Strategy” and provided background/context for exploration of this topic.

4.2 **Questions: Action Item #1:** Help people stay at home by investing in community supports and focusing on wellness, capacity building, and restoration.

4.2.1 In large group,

- What would have to be in place (family support, community support/ involvement, home care, other health supports) to enable seniors and people living with chronic conditions to age in place? (Keep in mind - - financial challenges, housing, mobility, support network, being a Newcomer, language and/or cultural barriers, personal health practices, coping skills, mental health and wellness, etc.)

4.2.2 In small groups of 3 or 4...

- What gaps do you see that could make it difficult to successfully age in place?

4.2.3 Check-in, final thoughts – “The key to helping seniors/those living with chronic conditions to age in place is...”

4.3 Next steps – LHIGs to provide input on action areas 3, 4, and 7 at November meetings. Draft report would be prepared for review and feedback in December. Co-chairs to present to Board at January meeting.

## 5.0 Other business:

5.1 Co-Chairs for 2015-16 Year: Colleen shared information about the role of Co-chairs. Kateri Muys and Barbara Bourrier-Lacroix volunteered to be Co-Chairs. Moved by Meryle Lewis Seconded by Timi Ojo  
RESOLVED THAT Kateri Muys and Barbara Bourrier-Lacroix serve as Co-Chairs for the 2015-16 year of meetings of the River Heights and Fort Garry LHIG.

5.1 LHIG members brainstormed potential future topic ideas.

5.2 Jerry invited members to attend the upcoming WRHA Annual General Meeting (October 27, 2015)

5.3 Next meeting dates – Monday, November 16, 2015 and February 1, 2016

5.4 Members completed meeting evaluations.

6.0 Meeting was adjourned at 7:55pm