

River Heights and Fort Garry LOCAL HEALTH INVOLVEMENT GROUP

DATE: Monday, November 5, 2018

TIME: 5:30pm dinner, 6:00pm meeting started (LHIG decided on later start time)

PLACE: Riverview Health Centre – One Morley Avenue

PRESENT: LHIG Members:

Deloris Ankrom Sarah Gravelines Lola Iyogun Becky Lett Gloria Matskiw Alexander Segall Bob Thompson Bill Wickstrom

WRHA Staff and Volunteer Support to LHIGs

Dana Rudy, Community Area Director Colleen Schneider, LHIG Manager Kelly Southworth, Recovery Practice Change Specialist, Mental Health, WRHA

Regrets:

Carly Sallows-Harrie John Milne Ernie Schade Stephanie Sinclair Katrina Tinman Ashley Volpi

1.0 Call To Order

Becky called the meeting to order at 5:50pm. Members introduced themselves and participated in an ice-breaker.

2.0 **Agenda – November 5, 2018**

Moved by Deloris Ankrom Seconded by Bob Thompson RESOLVED THAT the agenda of November 5, 2018 be approved as circulated.

3.0 <u>Minutes – October 2, 2018</u>

Moved by Lola Iyogun Seconded by Bill Wickstrom RESOLVED THAT the minutes of October 2, 2018 be approved as circulated.

4.0 Business Arising:

- 4.1 Second meeting on the topic of mental health and addictions
- 4.2 Focus of this meeting is on the organizations who deliver supportive services for people experiencing mental health issues in the community.
- 4.3 In small groups, LHIG members reviewed a scenario about an individual seeking care for a mental health issue and/or an addiction. Each small group had an envelope of pieces of paper with programs, services, and supports that could be accessed. They were asked to chart a patient journey for the individual in their scenario. They were also asked to provide their thoughts about these questions:
 - How do you see the role of community organizations in relation to the health system's role?
 - Are there ways that this could be enhanced to assist in addressing access and transition issues?
- 4.4 Small groups shared their patient journeys and answers to the questions.
- 4.5 In the large group LHIG members were asked:
 - What would it look like if more services for mental health and addictions were located in the community?
 - How can the general public help with issues of mental health and addictions?
- 4.6 Staff shared what the next steps would be. Draft report will be shared with LHIG members in December. Will confirm when report will be presented to the WRHA Board.

5.0 Other business:

- 5.1 LHIG members were asked to share their ideas for future topics
- 5.2 Staff shared that she would be recruiting additional new members for the LHIG.
- 5.3 Date for next meeting Tuesday, January 15, 2019.
- 5.4 Meeting evaluations were completed.
- 6.0 The meeting was adjourned at 8:20pm.