

**River Heights and Fort Garry
LOCAL HEALTH INVOLVEMENT GROUP**

DATE: **Tuesday, March 12, 2019**
TIME: 5:30pm dinner, 5:45pm meeting started
PLACE: **Access Fort Garry – 135 Plaza Drive**

PRESENT: LHIG Members:
Sarah Gravelines
Lola Iyogun
Becky Lett
Ernie Schade
Alexander Segall
Stephanie Sinclair
Bob Thompson
Katrina Tinman
Bill Wickstrom

WRHA Staff and Volunteer Support to LHIGs

Teresa Nicholas, student nurse
Colleen Schneider, LHIG Manager
Shannon Stefanson, WRHA Board Member

Regrets:

Deloris Ankrom
Gloria Matskiw
Dana Rudy, Community Area Director, River Heights and Fort Garry

1.0 Call To Order

Becky called the meeting to order at 5:45pm. Members introduced themselves and participated in an ice-breaker.

2.0 Agenda – March 12, 2019

Moved by Katrina Tinman Seconded by Alex Segall
RESOLVED THAT the agenda of March 12, 2019 be approved as circulated.

3.0 Minutes – January 15, 2019

Moved by Bob Thompson Seconded by Lola Iyogun
RESOLVED THAT the minutes of November 5, 2018 be approved as circulated.

4.0 Business Arising:

4.1 Colleen shared short presentation on mental health promotion

4.2 In small groups, LHIG members provided feedback on the following questions:

- What is the role of the health care system in mental health promotion?
- What is the role of primary care in mental health promotion?
- If mental health promotion was integrated across the health care system, what would that look like?
- Are there touch points within the system where mental health promotion is a priority?
- What is the role of education system (from daycares to universities) in mental health promotion for children and youth?
- What is the role of community and the general public in promoting mental health?
- How can the WRHA work in partnership towards mental health and well-being?

4.3 Next steps – Colleen shared next steps for this topic. She will be writing a draft report which will be shared with all LHIG members for feedback. The report will be presented at the End of Year Meeting in April.

5.0 Other business:

5.1 Ideas for future topics – Colleen shared overview of topics that LHIG members have shared this year.

At the end of year meeting, LHIG members will be voting on topics for next year.

5.2 Recruitment – recruitment is underway of all of the LHIGs. Colleen asked members to share information with friends, co-workers, neighbours, etc.

5.3 End of Year Meeting – scheduled for April 23, 2019 at Deer Lodge Centre.

5.4 End of Year Evaluation – LHIG members completed the end of year evaluation survey.

6.0 The meeting was adjourned at 7:30pm.