

# Local Health Involvement Groups

## OVERVIEW

Community members have been participating on the Local Health Involvement Groups (LHIGs) since 2002, sharing important perspectives and suggestions to improve the health care system and ensuring that public and patient perspectives are at decision-making tables.

In representing the broader public, and more specifically their geographic community areas, LHIG members meet to learn about, discuss and provide feedback on issues that impact health and the health care system. Feedback is captured in a report and shared with the Winnipeg Regional Health Authority Board and Executive Council.

Each year, LHIGs explore two topics. In previous years, LHIGs have explored and provided feedback on topics such as *End of Life Care*, *Staying Healthy and Accessing Care during the Pandemic* and *Mental Health and Addictions*.

## WHO CAN APPLY?

Anyone over the age of 16 can apply. Unfortunately, those working in the health care system are not eligible.

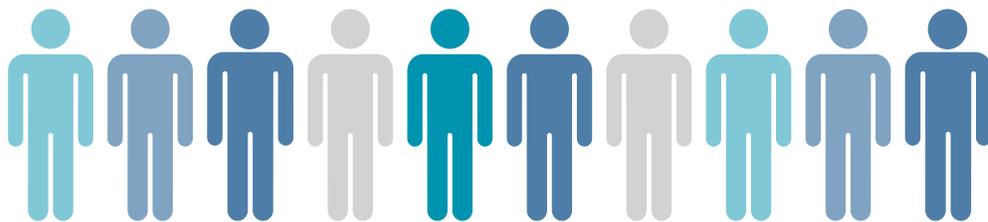
The goal of recruitment is to work to build groups that reflect the diversity of the communities that they represent in terms of gender identity, age, professions, employment status, ethnicity, faith and socio-economic backgrounds.

## WHAT'S INVOLVED?

- ▶ Each LHIG consists of 11 to 16 community members
- ▶ LHIG members volunteer for a term of three years
- ▶ There are six evening meetings per year between September and May

## HOW DO WE ATTEND?

Due to the COVID-19 global pandemic, LHIG meetings are held virtually. We continue to look for ways to provide additional support for those who are unable to participate virtually. An option may be available later in the year for members to meet in-person at specific sites or connect with LHIG staff one-on-one.



People participate based on where they live in the Winnipeg health region:

St. Boniface/St. Vital

St. James-Assiniboia/Assiniboine South

River East/Transcona

Seven Oaks/Inkster

Downtown/Point Douglas

River Heights/Fort Garry

*“My time on the River East/Transcona LHIG was extremely enjoyable. Usually one volunteers as a way to help others, but this position was just as enriching for me, personally as any hobby or personal interest.*

*I learned so much about my city, about other walks of life – and met so many interesting people I wouldn't have encountered otherwise.*”

– Former LHIG member

For more information and to apply, visit us at:

[wrha.mb.ca/engagement/LHIG](http://wrha.mb.ca/engagement/LHIG)

## CONTACT

Janice Edwards, *Manager of Local Health Involvement Groups*

**Email:** [jedwards5@wrha.mb.ca](mailto:jedwards5@wrha.mb.ca)

**Phone:** 431-338-2807



Winnipeg Regional  
Health Authority

Office régional de la  
santé de Winnipeg