

# River Park Gardens Newsletter

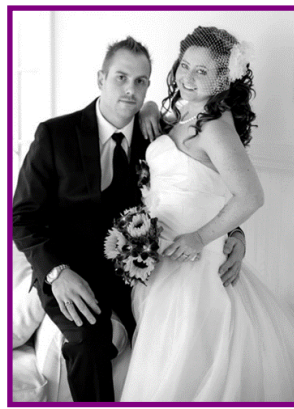
Dear Residents, Friends and Families of River Park Gardens,

My name is Tracey Kokil I am the new Clinical Services Coordinator for River Park Gardens. I am excited to be joining the Team. I graduated from the University of Manitoba Faculty of Nursing program in 2011.

I started my nursing career in acute care in a rural hospital setting. In 2014, I made the transition to long term care as an Education and Infection Control Professional. I have since held various roles in Long Term care in different homes throughout Winnipeg and South East Manitoba. I am passionate about caring for our seniors and ensuring they receive excellent care and services. I have various certifications (Long Term Care Certification in Infection Prevention, CPR Instructor and DementiAbility Instructor).

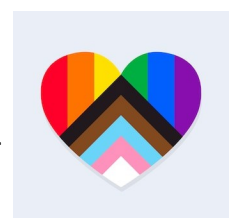
I am married to my high school sweetheart, together we have three children. My husband is an Information Technology professional. In our spare time we enjoy camping and riding ATV's. I also enjoy cooking, baking and various crafts.

I am looking forward to getting to know everyone. Should you ever have questions or concerns please do not hesitate to speak to me.



## On the Horizon

- ◆ As we move into Summer and warmer weather we look forward to spending time outdoors together. Having a sun hat and sunscreen on hand is always a good idea to protect ourselves from the sun. Recreation is accepting donations of hats and spray on sunscreen for residents who do not have these items if you would like to make a donation.
- ◆ June is National Indigenous History month in Canada. Our Recreation Team has planned several activities for residents this month where we will be able to celebrate Indigenous cultures and learn more about Indigenous history. Check out the June calendar for details.
- ◆ On June 14th at 2pm you're invited to join us for a walk for World Elder Abuse Awareness Day (WEAAD). **Please wear purple!** Let the recreation team know if you are planning to walk with your loved one.
- ◆ On June 28th at 2pm join us for our PRIDE Parade and refreshments after. Let the recreation team know if you are planning to walk with your loved one.



# River Park Gardens Newsletter

## AFTERNOON AT THE OPERA



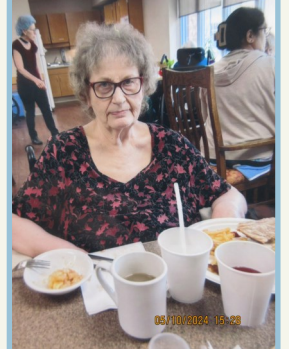
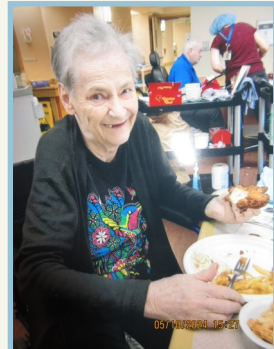
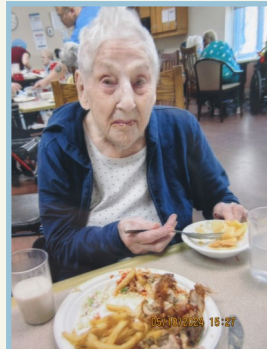
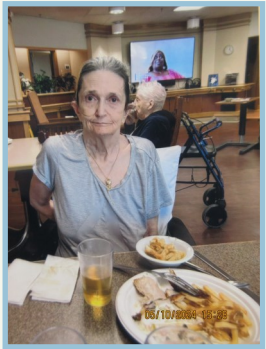
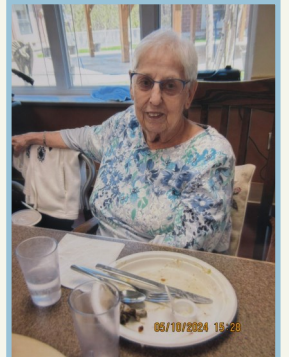
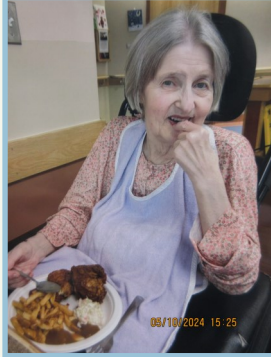
# River Park Gardens Newsletter



# River Park Gardens Newsletter



## CHICKEN LUNCH CLUB



## PAINTING WITH ESTHER

