

River Park Gardens Newsletter

Hello Family and Friends of River Park Gardens,

October 2, 2024

We hope this newsletter finds you well! Going forward we will be sending out the RPG newsletters through email. If you would like a physical copy feel free to pick one up at our nursing stations. In this month's newsletter you will find pictures from some of the recreation programs that have happened in the last few months, information about our new dignity quilt, and an introduction from our new Manager Health Services, Alison Anderson.

On September 25th we had accreditation Canada visit our site. The surveyor was very impressed with RPG. The cleanliness, the meal service, the overall care provided to residents and all the standardized processes in place and practiced all the time, were outstanding! We are proud of our team and this glowing review.

A few reminders:

- From 9pm to 9am are quiet hours at RPG. We encourage family and friends to visit residents during the day between 9am-9pm to ensure residents can have a peaceful environment for rest during the night.
- Please ensure that when you bring dogs to visit RPG that they are on a leash at all times. Thank you for making sure everyone stays safe and feels comfortable in our home. All dogs should be registered with RPG before their first visit, forms can be found at front reception.
- October 18th is Health Care Aide Day, if you would like to give a monetary donation to help thank our HCA's please drop it off at reception. Treats during the week are always welcome too. Let's celebrate!

Take care,

Anna Goertzen Thomas, Social Worker



River Park Gardens Newsletter

Planting with Residents & Making Hanging Baskets



WORLD
ELDER ABUSE

AWARENESS DAY

— JUNE 15 —



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Dignity Quilt & Cherry Blossom Signs



This Dignity Quilt was lovingly made by Susan Care and Tara Petkau, members of Faith Garden's Lutheran Church and given to River Park Gardens on May 12th, 2024. The hope is that this blanket will help to honor and celebrate residents who have passed on at River Park Gardens.

When a resident has passed and is being picked up by a funeral home the dignity quilt will be put over the body bag. Over the intercom an announcement will say, "Code Cherry Blossom," this will prompt available staff, residents, and visitors to line the hallways near the exits to pay respects to the resident leaving the building.

Quilt Blessing

May this quilt come to represent all our best intentions and efforts to love and care for each resident who comes to live here at River Park Gardens.

May this quilt provide a sense of warmth and care for the loved ones of each resident who has died.

May this quilt symbolize not only death but also hope of transformation into new life.

May it be tangible evidence of love given and received.

May it be so!!!

What does it mean when I see a picture of cherry blossoms on the door of a resident's room?

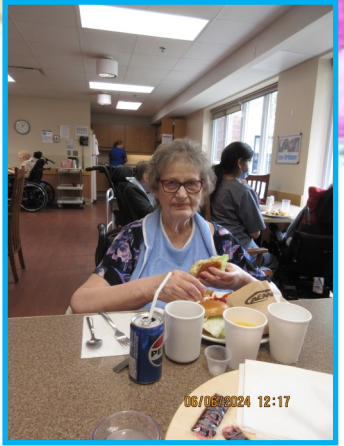
The cherry blossom is a symbol of the fragility and beauty of life. A cherry blossom on the door means that our team is currently supporting a resident through end of life.

Please be respectful by limiting loud conversations and helping us to create a peaceful space.

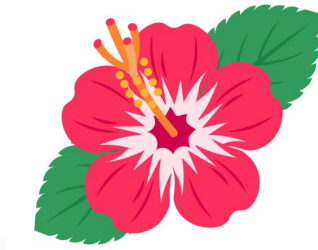
Thank you for your patience and kindness.



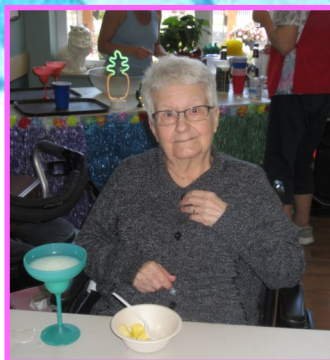
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Wendy's Lunch & Hawaiian Day



A BIG thank you to our wonderful volunteers who assist with recreation programs!



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Dear Residents, Family and Friends of River Park Gardens,

I know there has been a lot of change over this past year and I wanted to take this opportunity to introduce myself, my name is Alison Anderson, I started with River Park Gardens on July 8, 2024 as the new Manager Health Services. I have over 27 years of Nursing experience in various settings including Acute Care, Home Care and Long-Term Care in both Ontario and Manitoba. Prior to my arrival at River Park Gardens I was the Director of Care for 7 years at another LTC facility here in Winnipeg.

I moved to Manitoba in late 2016 with my husband and 2 children. Making the big move was scary but with the support and guidance from the many “friendly Manitobans” we have met along this journey it has been wonderful and we are so happy we made the leap.

I have been married for 26 years to my loving husband Dave who is a Manager in the technical aviation field. My Daughter, Sara is 22 and just graduated from the University of Winnipeg with her Honors Psychology Degree. She is now pursuing her Psychiatric Nursing Degree at Brandon University. My Son, Ian is 20 years old and is in his 3rd year of electrical/computer engineering at the University of Manitoba.

I have a 2-year-old rambunctious Golden Doodle named Luke and a 4-year-old sassy cat named Leia. Can you tell we are Star Wars fans 😊.

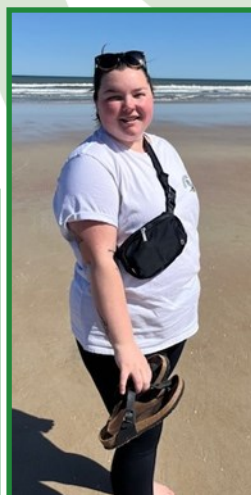
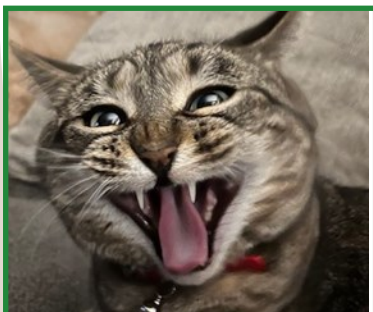
During the off time I spend most of the summer in Lake of the Woods at our camper. The quiet and peaceful setting helps to unwind after a busy week at work. While at the lake my family and I enjoy swimming, kayaking and paddle boarding to name a few activities. I also enjoy baking, reading, and crafting which I spend most of my winter doing.

Since I started at River Park Gardens I have had the opportunity to get to know the amazing staff, residents and families. If you see me out and about, say “Hello”, I love to chat and hear everyone’s unique story.

I am very excited for this new opportunity at Riverpark Gardens. I am looking forward to growing together, overcoming challenges and improving the resident’s lives by continuing and expanding on the good work that is being done each and every day. I am proud to be part of the Riverpark Gardens Family.

Alison Anderson,

Manager Health Services



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A Taste of Folklorama – Caribbean!



Elvis is in the house!



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Woodland Stroll and Ice Cream

We love having loved ones join in on our rec activities!



Painting with Esther



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A Message from Tracey Kokil, Clinical Services Coordinator

We will be commencing immunizations soon for Influenza, COVID-19, Pneumococcal and RSV in the next upcoming weeks.

Friendly reminder if you are feeling unwell we ask that you refrain from visiting until you are feeling better.

Masks continue to be available should you choose to wear them.

If you have any questions please do not hesitate to contact someone from our team.

Thank you!



FAITH GARDENS INC.

“Stability”

Over the years FGI has been blessed to be able to support the Spiritual Care Program at River Park Gardens. This has been accomplished by applying to various granting organizations, and making appeals to donor groups and individuals. Fund raising events have also raised significant dollars, and provided needed awareness of the role the Spiritual Care Provider plays in the lives of residents and staff at River Park Gardens.

Organizations are always looking to find funding sources that will provide financial stability in the long term. Some of our funding is committed to us long term, some annually, but a large portion depends on how successful our appeals to you, who are reading this are.

One time donations large or small at any time are always gratefully accepted. Monthly or annual gifts go a long way to provide stability to the process of budgeting for the ongoing ministry at River Park Gardens.

Please consider whether you feel you could provide a longer term commitment to support the Spiritual Care Program at River Park Gardens.



Donations through CanadaHelps can be set up easily to be made monthly by credit card, PayPal or Google Pay. This QR code will take you there.