Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
****	Nove	amber 4 <sup>th</sup> Floor	2024		1 10:30 Team Bingo 2:30 Mocktail Party Diwali (Hindu)	Brenda OFF 2
Brenda OFF 3		5		Brenda OFF 7	8	9
	Aerobics	<b>2:30</b> Tea and Tales	<b>10:30</b> Spa Morning	2:30	10:30 Team Bingo	10:30 Word Game 2:30 Bread and
Daylight Saving Time Ends	Brenda away in P.M.	<b>6:30</b> Friendly Visits	2:30 Speed Bingo	Day Service with	2:30 Birthday Celebration with Invisible Guys Trio	
10 10-20 Minut			-		-	Brenda OFF 16
10:30 Mind Joggers		<b>2:30</b> Tea and Tales	<b>10:30</b> Mental Aerobics	<b>10:30</b> Trivia <b>2:30</b> Coffee,	10:30 Team Bingo	•
2:30 Card Bingo	Remembrance Day (Canada)	<b>6:30</b> Friendly Visits	2:30 Speed Bingo	,	2:30 Cal Wookey	
Brenda OFF 17	-		-	Brenda OFF 21		
<b>NA</b>	<b>10:30</b> You Be the Judge	<b>2:30</b> Tea and Tales	<b>10:30</b> Trivia		10:30 Team Bingo	10:30 Word Game
	<b>2:30</b> Bean Bag Toss	<b>6:30</b> Friendly Visits	2:30 Speed Bingo		2:30 Clock Game	<b>2:30</b> Bread and Brenda
	Brenda OFF 25			-		Brenda OFF 30
10:30 Mind Joggers		<b>2:30</b> Tea and Tales	<b>10:30</b> Spa Morning	10:30 Humour 2:30 Andre	10:30 Team Bingo	
2:30 Card Bingo		6:30 Friendly Visits	2:30 Speed Bingo	Viallett	2:30 "The Bob Newhart Show"	

Programs may change as needed. Items in **bold type face** are programs occurring off the floor. **email – gwclrecreation@gwclmb.ca**