

Antenatal Home Care Program General Referral Guidelines

A woman referred to the program will meet the following criteria:

1. Permanent or temporary accommodation in the area serviced by the WRHA
2. Is willing to receive care from AHCP
3. Women who are working or going to school are not eligible. Short term follow-up is available when the client takes time off work.
 - Other high-risk conditions outside of program guidelines may be considered for admission. In these cases, one of the medical advisors from the program *must be consulted prior to client being discharged from hospital.*

Hypertensive Conditions	Preterm Premature Rupture of Membranes	Threatened Preterm Labour	Postpartum Hypertension
<ul style="list-style-type: none"> • Gestational age \geq 20 weeks • Blood pressure limit: 160/110mmHg • Limits for lab values: <ul style="list-style-type: none"> - Platelets: stable at $>$ 80x10(9)/L - Liver enzymes: AST $<$ 100 u/L - Serum creatinine :$<$ 110 umol/L - Albumin: $>$ 20 g/L - Uric acid: $<$ 500 umol/L • SpO₂\geq94% (if available) • No upper limit for proteinuria • A minimum of 24 hours since last IV antihypertensive medication • Hospitalized clients should have lab testing within 24 hours of discharge • Medical advisor consult required if hx of APH (bright red bleeding) within 1 month of referral 	<ul style="list-style-type: none"> • Gestational age \geq 23 weeks • Ruptured for a minimum of 72 hours, meets following criteria: <ul style="list-style-type: none"> - Cephalic or Frank breech presentation*- other presentations require review with medical advisor. - Absence of signs/symptoms of uterine infection - WBC $<$ 20x10(9)/L- tested before steroid injections - No evidence of active labour - Cx changes/effacement same as for PTL - Twin pregnancy, if presenting twin is cephalic <p>*Scan for fetal presentation to be done within 24 hours of discharge from hospital</p> <p>Cord presentation is contraindicated for program follow up</p> <p>History of or new bright red bleeding, is contraindicated for follow up</p>	<ul style="list-style-type: none"> • Gestational age \geq 23-30 weeks • Cephalic or frank breech presentation* • Cervical dilation not to exceed 3 cm • Effacement $<$80% • No regular contractions (i.e. $<$ 3 per half hour) <p>*All other malpresentations will be considered upon review with medical advisor</p>	<ul style="list-style-type: none"> • Clients not on the AHCP prior to delivery will be accepted provided: <ul style="list-style-type: none"> - a diagnosis of gestational hypertension/preeclampsia/eclampsia in present pregnancy or newly diagnosed postpartum hypertension - BP \leq 160/110mmHg - SpO₂ \geq94% (if available) • Follow up will be provided up to day 14 postpartum • Providing a prescription for an automatic blood pressure monitor will enable the client to monitor beyond day 14 if necessary

Program hours: 7 days a week, 0830-1630h

Contact: cellphone (204) 792-5463

Primary Care/antenatal/program/program guidelines/AHCP referral guidelines 2022/one page final

Program website: www.wrha.mb.ca/prog/antenatal/index.php

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