

## Definition/Description:

The proportion of the population aged 15 years and older who answered “yes” to the following question:

Question: Have you ever seriously considered committing suicide or taking your own life?

## Source:

Statistics Canada, Canadian Community Health Survey Cycle 1.1, 2001

## Findings:

### Proportion of the Population 15 years and Older Having Serious Thoughts about Suicide

Serious Thoughts of Suicide	Sex	Geography	Per Cent	Low 95% confidence interval - per cent	High 95% confidence interval - per cent
Have you ever seriously considered committing suicide or taking your own life?	Both	Canada	9.7	9.3	10.0
		Manitoba	7.6	6.7	8.5
		Winnipeg Health Region	8.3	6.9	9.7
	Female	Canada	10.7	10.2	11.2
		Manitoba	8.9	7.5	10.3
		Winnipeg Health Region	9.5	7.6	11.4
	Male	Canada	8.6	8.1	9.1
		Manitoba	6.3	5.0	7.5
		Winnipeg Health Region	7.0	5.1	8.9

## Highlights:

- Approximately 8.3% of the population 15 years and older in the Winnipeg Health Region reported having suicidal thoughts (CI 6.9, 9.7).
- The percentage of residents aged 15 years and older in the Winnipeg Health Region (WHR) who have ever had serious thoughts about suicide was slightly lower than that for Canada however, these comparisons were not statistically significant. This is true for both sexes, females, and males.
- The percentage of residents aged 15 years and older in the WHR who have ever had serious thoughts about suicide was slightly higher than that for Manitoba however, these comparisons were not found to be statistically significant. This is true for both sexes, females, and males.
- It is interesting to note that males appear to be slightly less likely to report having ever had serious thoughts about suicide compared to females (This is statistically significant for Canada males versus females). Yet males outnumber females in suicide deaths by a factor of approximately 2:1<sup>1</sup>.

<sup>1</sup> Statistics Canada, 1997