

Definition/Description:

Population aged 12 and over who rate their own health status as being either excellent, very good, good, fair or poor. This reporting is referred to as self-rated.

Source:

Statistics Canada, Canadian Community Health Survey Cycle 1.1, 2001

Findings:

Population Who Reported Very Good or Excellent Health

| | Sex | Geography | Per Cent | Low 95% confidence interval - per cent | High 95% confidence interval - per cent |
|---|--------|------------------------|----------|---|--|
| Very Good or Excellent Self-Rated Health | Both | Canada | 61.4 | 61.0 | 61.8 |
| | | Manitoba | 60.4 | 58.9 | 61.9 |
| | | Winnipeg Health Region | 61.2 | 59.0 | 63.5 |
| | Female | Canada | 59.9 | 59.4 | 60.4 |
| | | Manitoba | 58.2 | 56.2 | 60.3 |
| | | Winnipeg Health Region | 57.4 | 54.3 | 60.5 |
| | Male | Canada | 62.9 | 62.4 | 63.5 |
| | | Manitoba | 62.6 | 60.6 | 64.7 |
| | | Winnipeg Health Region | 65.3 | 62.2 | 68.4 |

Highlights:

- The majority of WHR residents (61.2%) reported their health to be very good or excellent. This percentage is similar to that of Canada where 61.4% of the population reported their health to be very good or excellent. However, the Manitoba value of 60.4% is slightly lower than the WHR value, but not significantly different.
- A larger percentage of males (65.3%) than females (57.4%) in the WHR reported their health to be very good or excellent. The result is similar to Canada and Manitoba where the percentage of males reporting their health to be very good or excellent was larger than for females.