

Definition/Description:

The level of perceived self-worth reported by persons aged 12 and over, based on responses to a set of six questions. No data on self-esteem was provided for Canada as a whole.

Source:

Statistics Canada, Canadian Community Health Survey Cycle 1.1, 2001

Findings:

Perceived Level of Self-Worth in the Population Aged 12 and Over

Self-Esteem	Sex	Geography	Per Cent	Low 95% confidence interval - per cent	High 95% confidence interval - per cent
Low self-esteem	Both	Canada	-	-	-
		Manitoba	11.5	10.4	12.6
		Winnipeg Health Region	10.9	9.2	12.6
	Female	Canada	-	-	-
		Manitoba	13.1	11.6	14.6
		Winnipeg Health Region	11.9	9.6	14.3
	Male	Canada	-	-	-
		Manitoba	9.8	8.4	11.3
		Winnipeg Health Region	9.8	7.5	12.0
Moderate self-esteem	Both	Canada	-	-	-
		Manitoba	44.1	42.2	46.0
		Winnipeg Health Region	41.3	38.5	44.2
	Female	Canada	-	-	-
		Manitoba	47.4	45.1	49.8
		Winnipeg Health Region	45.4	41.8	49.0
	Male	Canada	-	-	-
		Manitoba	40.6	38.1	43.2
		Winnipeg Health Region	37.0	33.2	40.8
High self-esteem	Both	Canada	-	-	-
		Manitoba	31.1	29.3	33.0
		Winnipeg Health Region	32.7	29.9	35.5
	Female	Canada	-	-	-
		Manitoba	31.4	29.1	33.7
		Winnipeg Health Region	32.9	29.4	36.4
	Male	Canada	-	-	-
		Manitoba	30.9	28.6	33.1
		Winnipeg Health Region	32.5	29.1	36.0

Note: The percentages for Manitoba and WHR males do not add up to 100% across the three Self-esteem categories (Low, Moderate and High). This may be due to non-response to this set of questions.

Highlights:

- The percentage of residents aged 12 years and older (both sexes) in the Winnipeg Health Region (WHR) who were found to have low self-esteem was slightly lower than that for Manitoba (10.9% and 11.5% respectively) however, this comparison was not statistically significant.
- The percentage of residents aged 12 and older who had moderate self-esteem was 41.3%. A similar rate is reported for Manitoba.
- The percentage of residents aged 12 and over who had high self-esteem was 32.7%. A similar rate is reported for Manitoba
- The percentage of female residents aged 12 years and older in the WHR who were found to have low self-esteem was slightly lower than that for Manitoba females however, this comparison was not statistically significant.
- The percentage of male residents aged 12 years and older in the WHR who were found to have low self-esteem was the same as that for Manitoba. This comparison was not statistically significant.
- Fewer male residents than females residents in the WHR were found to have low self-esteem however, this comparison was not statistically significant. The same can be said for that of Manitoba males and Manitoba females.