

**Definition/Description:**

Distribution of Internal Newsletters

**Source:**

Human Resources Planning Assistant, Winnipeg Regional Health Authority

**Findings/Highlights:**

- The WRHA Staff Appreciation and Recognition (Star) program publishes a newsletter quarterly (*Galaxy*).
- It is a tool used for communication with all WRHA employees, regardless of their location or position.
- It includes information on community events, social committee events (within the WRHA), workshops and education sessions (including health and wellness events and Aboriginal Culture awareness workshops), employee profiles, Team Recognition and on the discounts available to WRHA staff from participating businesses.