

Patient Instructions

As a patient on Containment Precautions, you need to stay in your room except for tests or treatments.

To leave your room:

- Clean your hands with hand sanitizer or soap and water
- Put on a new clean housecoat or a new clean patient gown
- Use a blue gown, **not** a yellow gown
- Tie outer gown at the front

While out of your room:

- Clean your hands after:
 - you touch your nose
 - you touch your mouth
 - you touch your hair
 - you touch your clothes

To return to your room:

- Remove your housecoat or extra gown
- Put it in the SOILED laundry hamper
- Clean your hands

Containment Precautions

You are visiting a patient on Containment Precautions.

Germs get on your hands or clothes when you touch another person or things like light switches, door knobs, counters, equipment, or anything else in a patient's room.

Containment Precautions stop germs from spreading and making other patients or visitors sick.







WRHA Infection Prevention & Control
wrha.mb.ca/ipc

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Visitor

INSTRUCTIONS

Before you visit a patient on Containment Precautions

CONTAINMENT PRECAUTIONS			
 HAND HYGIENE <ul style="list-style-type: none">• Before initial patient or patient environment contact• Before aseptic or clean procedures• Before putting on gloves• After body fluid exposure task• After patient or patient environment contact• After taking off gloves	 PATIENT TRANSPORT <ul style="list-style-type: none">• Transport for essential purposes only• Notify receiving staff before transport• When leaving room or bed space:<ul style="list-style-type: none">○ patient performs hand hygiene○ transport staff takes off gloves and gown and performs hand hygiene• Outside room, transport staff puts on:<ul style="list-style-type: none">○ clean gown and clean gloves to transport patient through facility		
 GLOVES <ul style="list-style-type: none">• At all times• Put on before entering room or bed space• Change gloves between activities with same patient if contaminated• Take off before leaving room or bed space	 GOWN <ul style="list-style-type: none">• At all times• Put on before entering room or bed space• Take off before leaving room or bed space	 PATIENT PLACEMENT <ul style="list-style-type: none">• Single rooms• Door may remain open	 PATIENT CARE EQUIPMENT <ul style="list-style-type: none">• Dedicated patient equipment preferred• Clean and disinfect between patients• Refer to specific disease protocol for applicable disinfectant
Additional Instructions: _____			
Visitors: Please report to the desk before entering room.			

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Visitor Instructions:

Before you go into the patient's room:

1. Talk to the nurse.
2. Ask for help if you need it.
3. Clean your hands with hand sanitizer or soap and water.
Use soap and water instead of hand sanitizer if you can see dirt on your hands.
4. Put on a yellow gown. Tie the gown at the back.
5. Put on gloves. Pull the gloves over the gown cuffs.

Before you leave the patient's room:

1. Take off your gloves
2. Put them in the garbage.
3. Take off your yellow gown.
4. Put it in the SOILED laundry hamper in the patient's room.
5. Clean your hands when leaving the patient's room.

To take the patient out of their room (for tests or treatments only):

1. Take off your gloves
2. Put them in the garbage before you leave the room.
3. Take off your yellow gown
4. Put it in the SOILED laundry hamper in the patient's room.
5. Clean your hands when you leave the room.
6. Put on a clean gown and clean gloves outside the patient's room.

To leave the patient's room for *just a moment*:

Do not leave the patient's room with a gown or gloves on.

To leave the room, even for *just a moment*, you must:

1. Take off your gloves and gown.
2. Clean your hands.
3. Put on a new gown and gloves to go back into the patient's room.