

## Genetics & Metabolism Program Birth History Form

---

Appointment with: \_\_\_\_\_ Appointment date: \_\_\_\_\_

Patient legal name: \_\_\_\_\_ Patient preferred name: \_\_\_\_\_

Date of birth: \_\_\_\_\_ PHIN: \_\_\_\_\_

Sex assigned at birth: Male / Female / Unassigned \_\_\_\_\_ Gender: \_\_\_\_\_

Patient pronouns (she/her, he/him, they/them, etc): \_\_\_\_\_

Please list the full names and locations of any medical specialists that the referred patient has seen (please list the type of doctor or medical specialty): \_\_\_\_\_  
\_\_\_\_\_

### **Prenatal History**

During which month of pregnancy did the referred patient's mother/pregnancy carrier start prenatal care?  
\_\_\_\_\_

Any ultrasounds during the pregnancy? (Y/N) If so, at what stage(s) of the pregnancy? \_\_\_\_\_

*Please list drugs, medications and supplements taken during pregnancy (Including vitamins, supplements, prescription medication, over-the-counter medication). List the dose if known, and when in pregnancy it was taken.*

Any alcohol use during the pregnancy? (Y/N) \_\_\_\_\_

Any cigarette use during the pregnancy? (Y/N) \_\_\_\_\_

Any medication use during the pregnancy? (Y/N) Type? \_\_\_\_\_

Any street drug use during the pregnancy? (Y/N) Type? \_\_\_\_\_

Did the referred patient's mother/pregnancy carrier have any serious illnesses during pregnancy, such as: fever, rashes, infections, vaginal bleeding, high blood pressure, excessive vomiting, accidents, operations, or any other concerning condition in the pregnancy? If so, please list:  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Birth History**

Was baby full term? (Yes/No) Delivered at how many weeks? \_\_\_\_\_

Hospital/place of delivery: \_\_\_\_\_

Presentation: Head first? (Y/N) Breech (feet first)? (Y/N) Other: \_\_\_\_\_

Was anesthetic used? (Y/N) What kind? \_\_\_\_\_

Vaginal delivery or Caesarian section? (circle one) Forceps? (Y/N) Suction? (Y/N)

Single birth? (Y/N) Twins? (Y/N) If twins, 1<sup>st</sup> or 2<sup>nd</sup> born? \_\_\_\_\_ Other: \_\_\_\_\_

Please list any complications during the delivery: \_\_\_\_\_

Did the baby breathe immediately? (Y/N) Cry immediately? (Y/N) Need oxygen treatment? (Y/N)

Birth weight: \_\_\_\_\_ Birth length: \_\_\_\_\_ Head circumference: \_\_\_\_\_

Apgars score (if known) 1 min: \_\_\_\_\_ 5 min: \_\_\_\_\_

Any problems during the 1<sup>st</sup> week of life? (jaundice, respiratory distress, feeding problems, birth defects, seizures, etc)? \_\_\_\_\_

Length of mother/pregnancy carrier's hospital stay: \_\_\_\_\_ Length of baby's hospital stay: \_\_\_\_\_

Did the referred patient have a different first or last name at birth? (Y/N) If so, what was it? \_\_\_\_\_

Who is the referred patient's pediatrician? \_\_\_\_\_

**Developmental Milestones & Education**

When did the referred patient first:

Hold head up? \_\_\_\_\_ months Smile responsively? \_\_\_\_\_ months

Sit without support? \_\_\_\_\_ months Crawled? \_\_\_\_\_ months

Walk without support? \_\_\_\_\_ months Say first words? \_\_\_\_\_ months

Spoke in a sentence? \_\_\_\_\_ months Potty trained? \_\_\_\_\_ months

Is the referred patient going to school? (Y/N) If so, what grade? \_\_\_\_\_ (Regular / special classes)

Does the referred patient have an educational assistant (EA) or an individualized education plan (IEP)? (Y/N)

If yes, please describe: \_\_\_\_\_

Were their most recent school grades average, below average, or above average? \_\_\_\_\_

Are there concerns about the referred patient's performance in school? (Y/N)

Does the referred patient have a social worker or Children's Special Services? (Y/N)

Name: \_\_\_\_\_ PHIN: \_\_\_\_\_