

# We all have a role to play...

## HEALTH EQUITY PROMOTION



## 10 THINGS WE CAN REFLECT ON TO PROMOTE HEALTH EQUITY WHEREVER WE WORK...

1. Are our interactions with all people\* based on dignity and respect?
2. Do we continually reflect on our assumptions about people and turn them into respectful curiosity?
3. Are we listening genuinely and actively engaging with all people?
4. Do we recognize and respect the strengths of people affected by disadvantage?
5. How can we better align with what is important to people to support empowerment, self-determination and health?
6. What barriers prevent people from accessing and benefiting from our current health services?
7. What can we do better to reach out to people affected by social and economic disadvantage?
8. Are there gaps in services, systems and opportunities? What could we do differently?
9. Who can we partner with to better meet the needs of people affected by social and economic disadvantage?
10. What are my own contributions that support conditions in which all people can achieve their full health potential?

\*Patients/clients, families, team members, partners and communities