**Funding Application**

**Winnipeg Suicide Prevention Network (WSPN)** supports the development and implementation of suicide prevention strategies and activities for the Winnipeg Community. **WSPN** meets monthly to enhance community participation to in building resilience, resourcefulness, understanding and capacity in Winnipeg to promote life and prevent suicide across the whole population.

**We aim to fund proposals that address the following areas:**

**Suicide Prevention**

Prevention refers to actions to enhance the mental health and well-being of individuals, communities or populations. These include *Mental Health Promotion* strategies that target the community at large to enhance mental wellness, enhancing protective factors and resiliency. Prevention also includes activities directed toward the reduction of suicidal behavior, such as *Primary Prevention*: activities that create healthy and supportive environments where risk factors are minimized and protective factors are increased e.g. Evidence-informed activities that build strengths and/or *Secondary Prevention*: activities that prevent the onset of suicidal crises with individuals who are identified as at risk e.gs. Projects related to key populations, gatekeeper training.

**Suicide Intervention**

*Intervention* refers to activities aimed at the immediate management of the suicidal crisis including knowledge and skills needed by care givers to connect people at risk of suicide to resources that can help e.g. Communication strategies to promote the use of suicide support help lines and crisis resources.

**Suicide Postvention**

*Postvention* refers to activities that support communities in healing and coping with loss. Examples include, resource development to support people bereaved by suicide, community projects that support bereavement using evidence informed safe messaging.

**Life Promotion**

*Life Promotion* provides a collective opportunity to balance and mobilize current suicide prevention paradigms towards comprehensive, holistic, strength-based pathways. Life promotion has arisen from, is grounded in natural law, and reflects the wisdom and circle of Indigenous traditional knowledge systems. However, hope, purpose, belonging and meaning are important tenants in many cultures and may be reflected in a variety of project proposals.

From a life promotion perspective, mental wellness is a balance of the mental, physical, spiritual, and emotional wellbeing. This balance and interconnectedness is enriched as individuals have: **purpose** in their daily lives whether it is through education, employment, care-giving activities, or cultural ways of being and doing; **hope** for their future and those of their families that is grounded in a sense of identity, unique cultural values, and having a belief in spirit; a sense of **belonging** and connectedness within their families, to community, and to culture; and finally a sense of **meaning** and an understanding of how their lives and those of their families and communities are part of creation and a rich history. <https://wisepractices.ca/>

1. Adapted from “A Framework for Suicide Prevention Planning in Manitoba” (2004) and the Provincial Suicide Leadership Network “Working Guidelines” (2009).

**Funding Application Process**

1. To be completed by the agency/organization or applicant Eg. Project Lead

a) Complete the written ***Funding Request Form*** (attached) AND

b) Indicate if you would like to provide a brief **oral presentation**\* to the committee at a future **WSPN** meeting. **10-minute** timeslots are scheduled between 9:15am and 10:15am during the regular committee meetings. ***\*Brief Oral presentations are encouraged as these allow committee members to ask questions that assist in decision making.***

***Average*** funding amount is between $1000.00 and $4500.00. **WSPN** reserves the right to fund in full, or in part, any submission received. The amount of funding awarded is dependent on several factors, including the number of requests.

1. **Funding excludes:**
* Food/ refreshments
* Supplies for more general community development purposes
* Staff positions (new, existing or coverage)
* Programs or services tied to existing operations
* For-profit business endeavors
1. Proposals that aim to remove barriers, serve underserved or populations at high risk of suicide (take an equity approach) are considered priority.
2. Submissions are accepted throughout the fiscal year between April 1 and February 10 (inclusive).

**WSPN Funding Proposal**

**COVER PAGE**

**Submission Date:**Click or tap to enter a date.

**Primary Contact:**Click or tap here to enter text.

**Name:**Click or tap here to enter text.

**Email:**Click or tap here to enter text.

**Phone:**Click or tap here to enter text.

**Employment Title:**Click or tap here to enter text.

**Agency/Organization/Group:**Click or tap here to enter text.

**Address:**Click or tap here to enter text.

**Postal Code:**Click or tap here to enter text.

**Check off ONE option below:**

[ ]  **10-minute oral presentation to WSPN committee to support written submission.**

[ ]  **Completing written submission only.**

**Complete the following pages and email with this Cover Page to** **WRHAMentalHealthPromotion@wrha.mb.ca**

**WSPN APPLICATION FOR FUNDING SUPPORT:**

**AMOUNT Requested: $**Click or tap here to enter text.

1. Describe your proposed project(project or event details, reasons for your funding request):

Click or tap here to enter text.

1. How does your request relate to one or more of the following categories: suicide prevention, suicide intervention, suicide postvention, life promotion?

Click or tap here to enter text.

1. If your project, event or activities may trigger intensive feelings/distress with participants, what safeguards or supports will you have in place for your activity/event. (describe)

Click or tap here to enter text.

1. Attach references/supporting documents or literature that support your request as meeting best practice and evidence-informed approaches:

Click or tap here to enter text.

1. Attach quote or budget breakdown.

Click or tap here to enter text.

1. Have you received funding from WSPN within the last 12 months?

[ ] Yes

[ ] No

If yes, for what purpose and amount? (indicate N/A if not applicable)

Click or tap here to enter text.

1. Have you applied for funding from other sources for this particular project?

[ ] Yes

[ ] No

If yes, list the funding source(s) and outcome(s) (eg. not approved, pending OR approved with amount):

Click or tap here to enter text.

**Printed name(s):**

Click or tap here to enter text.

**Signature(s):**