

COMMUNITY MENTAL HEALTH PROGRAM MOBILE CRISIS SERVICE: FACT SHEET

The WRHA Community Mental Health Program includes a range of services in the community that support adults experiencing mental health problems. Services are designed to support people in their recovery to live successfully within their communities. One service offered is the “Mobile Crisis Service”.

What is the Mobile Crisis Service?

The Mobile Crisis Service assists individuals experiencing a mental health or psychosocial crisis, including persons with a co-occurring mental health/substance use disorder.

Calls or referrals are welcome from anyone who is concerned about a person experiencing a mental health or psychosocial crisis, including self-referrals and referrals from family members.

What can I expect when I call the Mobile Crisis Service?

A mental health professional will take your call and work with you to decide on an appropriate course of action, based on the best interests of the individual who is in crisis.

Who is eligible for the Mobile Crisis Service?

Adults residing in Winnipeg, who are experiencing a mental health or psychosocial crisis.

What services does the Mobile Crisis Service offer?

The Mobile Crisis Service offers the following services:

- Crisis Intervention
- Mental health assessment and psychosocial assessment
- Telephone consultation and support
- Health education on mental illness, medication, coping strategies and preventative techniques
- Liaison and referral to community resources
- Support to family members and other concerned individuals
- Psychiatric consultation and assessment
- Short term follow-up

How do I contact the Mobile Crisis Service?

Call 204-940-1781

Mobile Crisis Staff are available to assist you 24 hours, 7 days per week.