

# COMMUNITY NUTRITION EDUCATOR PROGRAM IMPACT SUMMARY: 2018-2020

The Community Nutrition Educator (CNE) Program is a free service to support community programs and non-profit organizations. The goal of the CNE Program is to enhance community food literacy through peer-to-peer education, skill development, and promotion of healthy food environments. Community Nutrition Educators (CNEs) are trained volunteers who provide reliable, unbiased, and current information on healthy eating and food to the community.

This evaluation summary provides a snapshot of the program from January 2018- March 2020. This data helps us to understand how public access to nutrition education and information has increased and sustained since the program's inception in 2014.

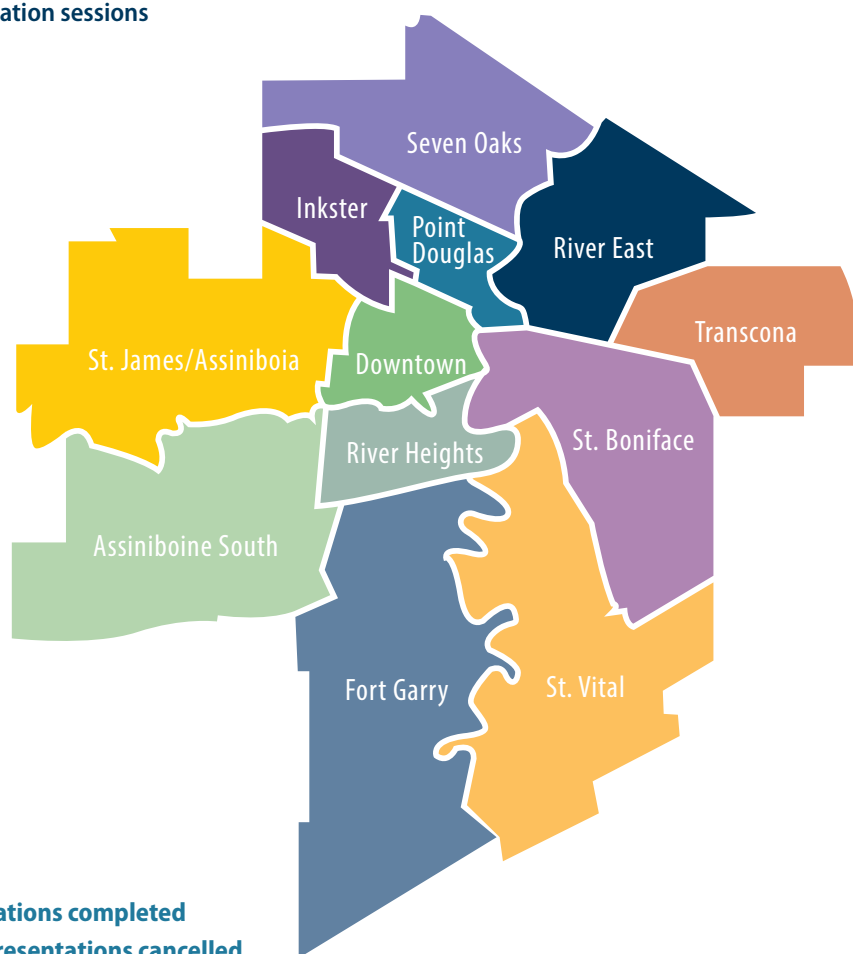
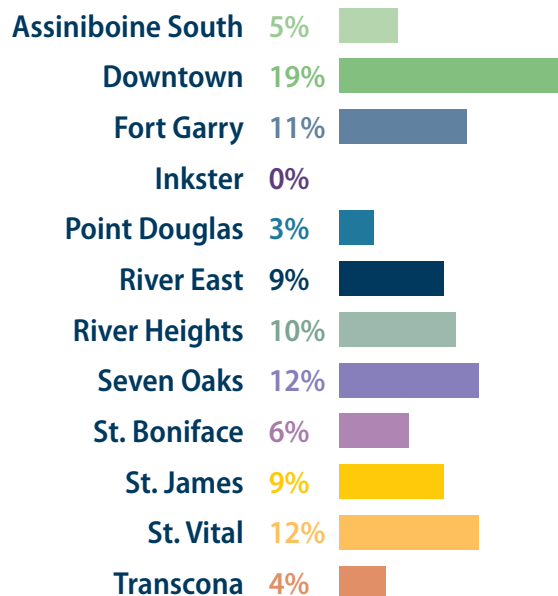
## CNE PROGRAM IN THE COMMUNITY

This section provides an overview of the nutrition education sessions delivered by a CNE in each community area.

Total number of CNE sessions = 129

Total number of volunteer hours = 294 hrs

### Program reach in Winnipeg



**Covid-19 Pandemic Impact: Six presentations completed in 2020. As of March 2020, all in-person presentations cancelled.**

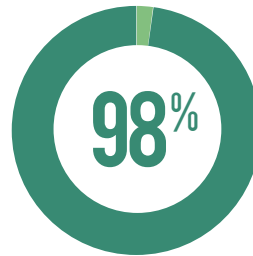
## CNE ENGAGEMENT AND SATISFACTION

Total number of CNEs trained since the launch of the program

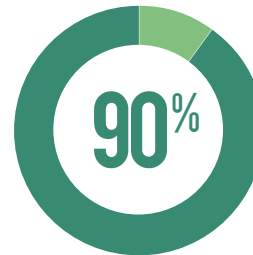
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Three CNEs trained in 2014 & 2015 continue to volunteer for the program

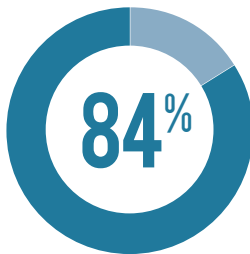


reported having good knowledge and confidence when delivering presentations



CNEs report having access to appropriate tools and resources

## AGENCY SATISFACTION



of agencies were very satisfied with the CNE service they received. (up from 78% between 2014-2017)

## VOLUNTEERS ARE THE KEY TO SUCCESS

“Being a CNE volunteer is a very fulfilling experience. I’m inspired to share new knowledge and practical skills while learning from them too.”

~ CLARITA MANZANO, CNE TRAINED 2014

## WHERE THE PROGRAM IS HEADED



All presentation kits revised for Spring 2021 relaunch. Feedback from agency partners informed these revisions.



CNEs trained to deliver virtual presentations.



October 2020 – development of virtual presentations and activities to support changes due to Covid-19 pandemic.

For more information about the Community Nutrition Educator program please visit [wrha.mb.ca/cne](http://wrha.mb.ca/cne)

nutrition   
it's about balance



Winnipeg Regional Health Authority Office régional de la santé de Winnipeg