

Palliative Care Interdisciplinary Grand Rounds

*This Group Learning program has been certified by the
College of Family Physicians of Canada and the Manitoba Chapter for 1 Mainpro+ credit*

Featuring Guest Speaker:

Jamie Penner RN, PhD(c)

*Assistant Professor, College of Nursing, Rady Faculty of Health Sciences, University of Manitoba
Member, Canadian Caregivers Advisory Network, Canadian Centre for Caregiving Excellence
Member, European Association of Palliative Care Family Carer Reference Group Steering Committee*

Engaging Family Caregivers in our Practice: Helping Them Help Us

Family caregivers play a crucial role in the care of individuals who are living with a chronic progressive illness or becoming frail. While the caregiving role can be rewarding, it also involves many challenges that family caregivers must navigate, placing their own health and their ability to provide care at risk if they do not have adequate support to cope with these stressors. May is National Caregiver Month in Canada, a time to both raise awareness and recognition of family caregivers and give pause to reflect on how we are engaging with and supporting these essential partners in care. This presentation will i) provide an overview of common challenges experienced by family caregivers; ii) consider potential barriers to engaging with family caregivers; iii) discuss evidence-based approaches to assessing and addressing the multi-faceted needs of family caregivers; and iv) offer practical resources to enhance family caregiver support. The importance of advocacy as an imperative strategy to improving the caregiving experience and caregiver outcomes will also be considered and discussed.

DATE: Wednesday, May 24, 2023

TIME: 12:00 p.m. to 1:00 p.m.

PRESENTED VIA MS TEAMS:

Click Here to: [Join Session](#)

MB Telehealth Video Conference ID: 1120364993

Or call in (audio only): + 1 204-815-1742 **Phone conference ID:** 424750685#

CME LEARNING OBJECTIVES

- 1. Describe common challenges experienced by family caregivers*
- 2. Identify potential barriers to engaging with family caregivers*
- 3. Discuss practical approaches to supporting and advocating for family caregivers*

You can request MB Telehealth at 1-866-999-9698 Option 4 to add your site to the session.
Please note date, time, video conference number, and WRHA Palliative Care Interdisciplinary Grand Rounds.

Linking sites, please prepare and distribute your own poster with your local information
in case of questions from site members.

THESE ROUNDS ARE OPEN TO EVERYONE