

Early Cognitive Change Clinic for Older Adults (ECCCOA)
Clinical Health Psychology Program
Referral Form

Patient name: _____ DOB: _____

Phone: _____ MHSC#: _____ PHIN#: _____

Address: _____

Postal Code: _____ Male _____ Female _____ Other _____

Contact person to arrange appointment: _____ Phone: _____

Reason for referral:

History/Medications/Diagnosis:

Please complete the following (referrals that are incomplete or do not meet criteria will be returned):

(1) Age: _____

*If age < 60, please refer to WRHA Clinical Health Psychology for neuropsychological assessment

(2) MMSE: _____ /30; MoCA: _____ /30 (must be within past 6 months); Protocol attached:

*If MMSE < 26/30 and/or MoCA < 19/30, please refer to WRHA Geriatric Mental Health (if age ≥ 65)

(3) Is there evidence of impairment in instrumental ADLs or dementia diagnosis? Yes: _____ No: _____

*If yes, refer to WRHA Geriatric Mental Health (if age ≥ 65) and/or Alzheimer Society of Manitoba

(4) Medical-legal issues (active MPI claim, disability claim/dispute, lawsuit)? Yes: _____ No: _____

*If yes, please request private independent neuropsychological examination through case manager/lawyer

*All patients will be seen for an ECCCOA assessment to determine eligibility
for participation in the Memory Partners group program.*

Referred by: _____ Date _____

Phone: _____ Fax: _____

Address: _____

Referral form can be sent to:

Clinical Health Psychology Program, St. Boniface Hospital, FAX: (204) 237-9243

Early Cognitive Change Clinic for Older Adults (ECCCOA)

Clinical Health Psychology Program, St. Boniface Hospital

What is ECCCOA?

- ECCCOA offers assessment and group intervention for older adults with Mild Cognitive Impairment (MCI) and their family member/significant other (i.e., “program partner”).
- The ASSESSMENT process involves a 2.5-hour visit in which the patient is evaluated by a Clinical Neuropsychologist. The patient’s program partner (usually a family member or friend) also meets with a Clinical Geropsychologist. A feedback session is held to review the assessment results and discuss recommendations.
- After participating in the neuropsychological assessment, some patients will be diagnosed with memory problems that are more or less severe than Mild Cognitive Impairment. In this case, patients will not be eligible for the Memory Partners group; instead, alternate individualized recommendations will be provided to the patient and family. Support and education for family members are also provided as needed.
- The INTERVENTION process, Memory Partners, is a group program for patients diagnosed with Mild Cognitive Impairment based on the ECCCOA assessment. It consists of 6 weekly 2-hour group sessions for the patient with Mild Cognitive Impairment and their program partner. The sessions emphasize education regarding MCI, memory, and mood. Participants also learn practical cognitive and lifestyle strategies to improve everyday memory and help maintain brain health.

Who should be referred to ECCCOA?

- Patients aged 60 years and older with memory complaints
- MMSE \geq 26 or MOCA \geq 19 within last 6 months

How do I make a referral?

- Please use ECCCOA referral form
- Referrals can be faxed to SBH Clinical Health Psychology at (204) 237-9243.
- Inquiries about the clinic or suitability of referrals can be made by calling (204) 237-2979.