

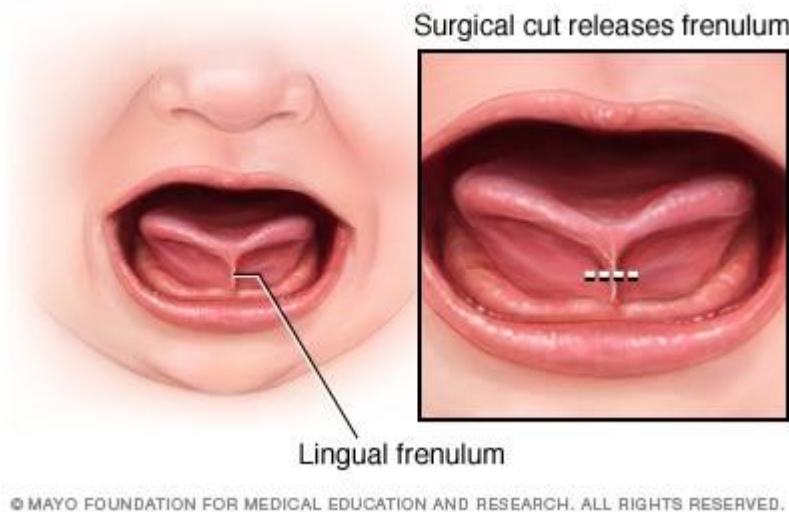
Newborn Frenectomy

What is “tongue-tie”?

Tongue-tie, or ankyloglossia, is a condition present at birth that limits the tongue’s ability to move freely. Caused by a short, thick or tight band of tissue (called the frenulum), the tongue may not have full range of motion. Sometimes tongue-tie causes no problems, and others times a simple surgical procedure called **frenectomy** is required to allow the tongue greater movement. Tongue-tie can be associated with breastfeeding challenges which may include nipple pain and difficulty latching baby, which then can result in poor weight gain due to lack of milk transferring to baby. These are examples that would require further assessment, possible intervention and breastfeeding support to facilitate infant feeding. Breastfeeding is still possible with an infant who is tongue-tied.

Signs of tongue-tie in the infant include:

- When the tongue looks heart-shaped or notched when stuck out.
- Difficulty sticking the tongue out past the lower teeth or up to the upper teeth.
- Difficulty moving the tongue from side to side of the mouth.



If tongue tie is suspected, referral to a medical care provider would be necessary. This list includes some options in Winnipeg where frenectomy services may be received. Payment at these locations is made in full by the parent and insurance form will be provided for those wishing to submit to private dental insurance if applicable.

1. **Children's Hospital**

Dr. Morris, MD: 204-787-8854 (phone) 204-787-2028 (fax)

Dr. Suvin Lum Min, MD: 204-787-4203 (phone) 204-787-4618 (fax)

Dr. Hancock, MD: 204-787-1246 (phone) 204-787-4618 (fax)

Dr. Suyin Lum Min – will not perform the procedure on newborns, but will perform on children 6 months or older.

Dr. Morris & Dr. Hancock – will perform the procedure on newborns.

Referral required from nurse, public health, or physician. Send the referral with as much info as possible via fax as it would be rec'd same day. Depending on the severity of the breastfeeding problem (e.g. no latch), infant may be seen earlier.

Cost: covered by Manitoba Health

2. **River Trail Dental Centre** – 1414 Henderson Hwy; 204-661-5231 (phone)

Dr. Cory Sul

\$32 assessment

\$61 frenectomy

3. **Children's Hospital Dental Clinic** – FW102 –685 William Ave; 204-787-2516 (phone)

Dr. Klus – Supervising Dentist & Dr. Cross – Supervising Dentist

All procedures performed by resident under supervision. If problem is severe, can often get an appointment by one week.

\$60.00 assessment

\$237.10 for assessment and frenectomy

4. **Children's Dental World Inc.** - 1426 McPhillips (Across from Northgate shopping Centre)
204-888-5437 (phone)

Dr. Biber, Dr. Lekic, Dr. Pesun and Dr. Kass

\$70.00 for examination

\$160.00 for frenectomy

5. **Avenue Dental Corporation** – 2027 Portage Avenue; 204-837-8559 (phone)

Dr. Andrej Brasko and Dr. Viviana Steinberg

\$59.90 for assessment

\$282.80 for frenectomy

\$282.80 lingual tongue-tie

\$625.50 both frenectomy and lingual

6. **R & T Krawat Dental Corpotation** - 254 Edmonton Street; 204-944-9977 (phone)
204-944-8374 (fax)
Dr. Roberta Krawat

\$59.90 exam
\$88.00 consult
\$282.80 frenectomy
\$360.00 lingual tongue-tie; \$400 if >2 years of age
\$642.00 lingual and tongue; \$682.00 if > 2years of age

7. Dr. Mel McManus
Toddler to Teen Dental
1150 Nairn Avenue, Unit #1
Tel. (204) 663 – 9750
Monday – Thursday

No referral required

Frenectomy/Frenotomy \$200
Assessment/Consultation is free for first visit for children under 2 years of age

8. Dr. Raimondi/Dr. Melanie Morris
Winnipeg Breastfeeding Centre,
191 Marion Street
Tel. (204) 231 – 1829

Free: billed to MB Health

Referrals from MD/RM or NP; there is a form on the website for nurses (postpartum, PH) to send a request for consultation to the patient's primary care provider/OB provider to forward / accept consultation to expediate the process.