Winnipeg Regional Health Authority | Office régional de la santé de Winnipeg
Caring for Health | À l'écoute de notre santé

St Boniface and St Vital
LOCAL HEALTH INVOLVEMENT GROUP

DATE: **Thursday, October 22, 2015**
TIME: **5:30pm dinner, 5:45pm meeting began**
PLACE: **Birth Centre at 603 St Mary's Road**

PRESENT: **Council Members**:
Kristin Albo-Berkowits
Mona Audet
Helene Beauchemin
Bathelemy Bolivar
Tim Church
Howard English
Andrea Kwasnicki
Debbie Lokke
Elsie Nebroski
Gisele Toupin
Kathleen Williamson
Linda Wilton
John Wylie

WRHA Support Staff and Volunteers to Councils:
Monique Constant, Community Area Director StB/StV
Jerry Gray, Chair, WRHA Board
Rob Santos, WRHA Board Liaison
Colleen Schneider, LHIG Manager

Regrets:
Rose Marsden
Derek Yakielashek

1.0 Call To Order
Colleen called the meeting to order at 5:45pm, welcomed everyone. Members participated in ice-breaker.

2.0 Agenda – October 22, 2015
Moved by Howard English Seconded by Elsie Nebroski
RESOLVED THAT the agenda of October 22, 2015 be approved as circulated.

3.0 Minutes – March 4, 2015
Moved by Derek Yakielashek Seconded by Jim Kolson
RESOLVED THAT the minutes of March 4, 2015 be approved as circulated.

4.0 New Business:

4.1 Colleen introduced first LHIG topic for 2015-16 – "Winnipeg Public Perspectives on Potential Actions for the Province's Continuing Care Strategy" and provided background/context for exploration of this topic.

4.2 **Questions:** Action Item #1: Help people stay at home by investing in community supports and focusing on wellness, capacity building, and restoration.

4.2.1 In large group,

- What would have to be in place (family support, community support/ involvement, home care, other health supports) to enable seniors and people living with chronic conditions to age in place? (Keep in mind -- financial challenges, housing, mobility, support network, being a Newcomer, language and/or cultural barriers, personal health practices, coping skills, mental health and wellness, etc.)

4.2.2 In small groups of 3 or 4…

- What gaps do you see that could make it difficult to successfully age in place?

4.2.3 Check-in, final thoughts – "The key to helping seniors/those living with chronic conditions to age in place is..."

4.3 Next steps – LHIGs to provide input on action areas 3, 4, and 7 at November meetings. Draft report would be prepared for review and feedback in December. Co-chairs to present to Board at January meeting.

5.0 Other business:

5.1 Co-Chairs for 2015-16 Year: Colleen shared information about the role of Co-chairs. Howard, Debbie, and Gisele volunteered to be Co-Chairs.
Moved by Elsie Nabroski Seconded by Linda Wilton
RESOLVED THAT Howard English, Debbie Lokke, and Gisele Toupin serve as Co-Chairs for the 2015-16 year of meetings of the St Boniface and St Vital LHIG

5.1 LHIG members brainstormed potential future topic ideas.

5.2 Jerry invited members to attend the upcoming WRHA Annual General Meeting (October 27, 2015)

5.3 Next meeting dates – Thursday, February 18, 2016 and Monday, March 21, 2016

5.4 Members completed meeting evaluations.

6.0 Meeting was adjourned at 8:00pm