



## **St Boniface and St Vital LOCAL HEALTH INVOLVEMENT GROUP**

**DATE:** Tuesday, November 20, 2018  
**TIME:** 5:30pm dinner, 5:45pm meeting began  
**PLACE:** Access St Boniface – 170 Goulet Street

**PRESENT: LHIG Members:**  
Adekanmi Akinade  
Melanie Allard  
Chris Ashley  
Helene Beauchemin  
Laura Csuzdi  
Yves Hacault  
Judy Kidd  
Martin Landy  
Cathy Laviolette  
Heather Martin  
Sarah McGimpsey  
Deanna Waters  
Michael Wedin

**WRHA Support Staff and Volunteers to LHIGs:**  
Karen Dunlop, Chair, WRHA Board  
Colleen Schneider, LHIG Manager  
Yvette Savard-Preston,

**Regrets:**  
Monique Constant, Community Area Director StB/StV  
Caroline Boissonneault

**1.0 Call To Order**  
Laura called the meeting to order at 5:40pm. Members introduced themselves and participated in an ice-breaker.

**2.0 Agenda – November 20, 2018**  
Moved by Mike Wedin Seconded by Helene Beauchemin  
RESOLVED THAT the agenda of November 20, 2018 be approved as circulated.

**3.0 Minutes – October 25, 2018**  
Moved by Yves Hacault Seconded by Melanie Allard  
RESOLVED THAT the minutes of October 25, 2018 be approved as circulated.

#### **4.0 Business Arising:**

- 4.1 Second meeting on the topic of mental health and addictions
- 4.2 Focus of this meeting is on the organizations who deliver supportive services for people experiencing mental health issues in the community.
- 4.3 In small groups, LHIG members reviewed a scenario about an individual seeking care for a mental health issue and/or an addiction. Each small group had an envelope of pieces of paper with programs, services, and supports that could be accessed. They were asked to chart a patient journey for the individual in their scenario. They were also asked to provide their thoughts about these questions:
  - How do you see the role of community organizations in relation to the health system's role?
  - Are there ways that this could be enhanced to assist in addressing access and transition issues?
- 4.4 Small groups shared their patient journeys and answers to the questions.
- 4.5 In the large group – LHIG members were asked:
  - What would it look like if more services for mental health and addictions were located in the community?
  - How can the general public help with issues of mental health and addictions?
- 4.6 Staff shared what the next steps would be. Draft report will be shared with LHIG members in December. Will confirm when report will be presented to the WRHA Board.

#### **5.0 Other business:**

- 5.1 LHIG members were asked to share their ideas for future topics
- 5.2 Staff shared that she would be recruiting additional new members for the LHIG.
- 5.3 Date for next meeting –Tuesday, January 22, 2019.
- 5.4 Meeting evaluations were completed.

6.0 The meeting was adjourned at 8:05pm.