

SENIORS RESOURCE FINDERS

Information and Referral Hub

1. St. James Assiniboia Area Seniors Resource Coordinator	www.stjamescentre.com sarah@stjamescentre.com	204-987-8850 Ext. 108
2. Assiniboine South Area Seniors Resource Coordinator	www.swsrc.ca resources@swsrc.ca	204-478-6169
3. Fort Garry Area Seniors Resource Coordinator	www.aosupportservices.ca fortgarry@aosupportservices.ca	204-792-1913
4. St. Vital Area Seniors Resource Coordinator	www.dakotacc.com seniorsresources@dakotacc.com	204-254-1010 Ext. 217
5. St. Boniface Area Seniors Resource Coordinator	www.dakotacc.com seniorsresources@dakotacc.com	204-254-1010 Ext. 217
6. Transcona Area Seniors Resource Coordinator	www.transconaseniors.ca tcs@mymts.net	204-222-9879
7. River East Area Seniors Resource Coordinator	www.gnalc.ca resrf@gnalc.ca	204-667-6812
8. Seven Oaks Area Seniors Resource Coordinator	sosl@mymts.net	204-612-3888
9. Keewatin/Inkster Area Seniors Resource Coordinator	kinrc@mts.net	204-774-3085
10. Point Douglas Area Seniors Resource Coordinator	www.aosupportservices.ca pdsc@aosupportservices.ca	204-792-2920
11. East Downtown Area Seniors Resource Coordinator	www.aosupportservices.ca dsrc@aosupportservices.ca	204-803-8329
11. West Downtown/Broadway Area Seniors Resource Coordinator	www.bsrc.ca bway@mts.net	204-772-3533
12. River Heights Area Seniors Resource Coordinator	www.swsrc.ca resources@swsrc.ca	204-478-6169
Conseil des francophones 55+ serves French speaking population of Winnipeg	www.fafm.mb.ca conseil55@fafm.mb.ca	204-793-1054
Middlechurch Home of Winnipeg serves West St. Paul and East St. Paul	www.middlechurchhome.mb.ca bmccallum@middlechurchhome.mb.ca	204-336-4126

Seniors Resource Finders (SRF) help link and refer older adults 55+ to community supports, programs and services. Services vary from community to community based on identified needs; however, some common services are:

- E.R.I.K. (Emergency Response Information Kit)
- Escorted transportation and other transportation options
- Yard and home maintenance referral program
- Networking and community outreach
- Congregate meal programs
- Educational materials and community presentations

