



**St James-Assiniboia and Assiniboine South  
 LOCAL HEALTH INVOLVEMENT GROUP**

**DATE:** Thursday, February 7, 2019  
**TIME:** 5:30pm dinner, 5:45pm meeting  
**PLACE:** Access Winnipeg West – 280 Booth Drive

**PRESENT:** **LHIG Members:**  
 Sheila Austman  
 Tessera Ball  
 Louise Kennedy  
 Jennifer Patryluk  
 Eleanor Single  
 Bridget Whipple

**WRHA Staff and Volunteer Support for the LHIG**  
 Judith Scanlan, Director, WRHA Board  
 Colleen Schneider, LHIG Manager  
 Sharon Walters, Community Facilitator, WRHA

**Regrets:**  
 Dayna Blackthorn  
 Matthew McBurney  
 Julie Muise  
 Elizabeth Murray  
 Eve Omar, Community Area Director  
 Kellie O'Rourke, COO Grace Hospital  
 Todd Pennell  
 Claudine Salumu  
 Angela Tessier

**1.0** **Call To Order**  
 Tess called the meeting to order at 5:47pm. Members introduced themselves and participated in an ice-breaker.

**2.0** **Agenda – February 7, 2019**  
 Moved by Sheila Austman Seconded by Eleanor Single  
 RESOLVED THAT the agenda of be approved as circulated.

**3.0** **Minutes – November 29, 2018**  
 Moved by Eleanor Single Seconded by Bridget Whipple  
 RESOLVED THAT the minutes of November 29, 2018 be approved as circulated

### **3.0 Business Arising:**

- 3.1 Update on Mental Health and Addictions Report – the report was presented to the Board on Tuesday, January 22. Dayna Blackthorn helped with the presentation. Judith Scanlan commented on the presentation and how much it was appreciated and valued by the Board.

### **4.0 New Business:**

- 4.1 New topic – Mental Health Promotion
- 4.2 Questions for feedback
  - 4.2.1 What promotes good mental health?
  - 4.2.2 In your neighbourhood, what attributes and resources do you see that promote good mental health? (i.e. protective factors)
  - 4.2.3 In your neighbourhood, what challenges do you see that put good mental health at risk? (i.e. risk factors)
  - 4.2.4 What are the most significant equity issues in your neighbourhood (income, housing, education, social networks, employment, safety, etc.)?
  - 4.2.5 Given that those equity issues will impact peoples' ability to access resources, environments, etc. that promote positive mental health – do you have ideas of how we can address those equity issues and enable people to seek (and access) opportunities to improve their mental health? Describe a healthy community/neighbourhood that promotes good mental health. What attributes and resources would there be?
- 4.3 Next steps – second meeting on Mental Health Promotion that will focus on how mental health promotion can be integrated into the health care system.

### **5.0 Other business:**

- 5.1 LHIG members were asked to share their ideas for future topics
- 5.2 Feedback/use of input from the LHIGs – Colleen shared that a working group is being developed to develop tools and processes to improve the patient journey (from insights and recommendations in the Patient Journey Report)
- 5.3 Date for next meeting – Wednesday, March 6, 2019.
- 5.4 Meeting evaluations were completed.

- 6.0 The meeting was adjourned at 7:35pm.