



## Seven Oaks and Inkster LOCAL HEALTH INVOLVEMENT GROUP

**DATE:** Thursday, March 14, 2019  
**TIME:** 5:15pm dinner, 5:30 meeting started  
**PLACE:** Seven Oaks Health and Social Services – 3-1050 Leila Ave.

**PRESENT: LHIG Members:**

Hicham Bagui  
Rose Balbuena  
Abigail Legaspi  
Walter Murray  
Cheryl Rajfur  
Rose Troia

**WRHA Support to LHIGs**

Emanuel Ozokwelu, Team Manager, Seven Oaks  
Colleen Schneider, Manager, LHIGs

**Regrets**

Gurleen Aulakh  
Rita Costa  
Margaret Dominowski  
Victoria Ponomets  
Jay Punji  
Pat Younger, Community Area Director

**1.0 Call To Order**

Colleen called the meeting to order at 5:50pm. Members introduced themselves and participated in an ice-breaker.

**2.0 Agenda – March 14, 2019**

No quorum

**3.0 Minutes – January 24, 2019**

No quorum – move to agenda for first meeting of 2019-20 year of meetings

**4.0 Business Arising:**

**4.1** Colleen shared short presentation on mental health promotion

**4.2** In the large group, LHIG members provided feedback on the following questions:

- What is the role of the health care system in mental health promotion?
- What is the role of primary care in mental health promotion?

- If mental health promotion was integrated across the health care system, what would that look like?
- Are there touch points within the system where mental health promotion is a priority?
- What is the role of education system (from daycares to universities) in mental health promotion for children and youth?
- What is the role of community and the general public in promoting mental health?
- How can the WRHA work in partnership towards mental health and well-being?

**4.3** Next steps – Colleen shared next steps for this topic. She will be writing a draft report which will be shared with all LHIG members for feedback. The report will be presented at the End of Year Meeting in April.

**5.0** Other business:

**5.1** Ideas for future topics – Colleen shared overview of topics that LHIG members have shared this year. At the end of year meeting, LHIG members will be voting on topics for next year.

**5.2** Recruitment – recruitment is underway of all of the LHIGs. Colleen asked members to share information with friends, co-workers, neighbours, etc.

**5.3** End of Year Meeting – scheduled for April 23, 2019 at Deer Lodge Centre.

**5.4** End of Year Evaluation – LHIG members completed the end of year evaluation survey.

**6.0** The meeting was adjourned at 7:40pm.