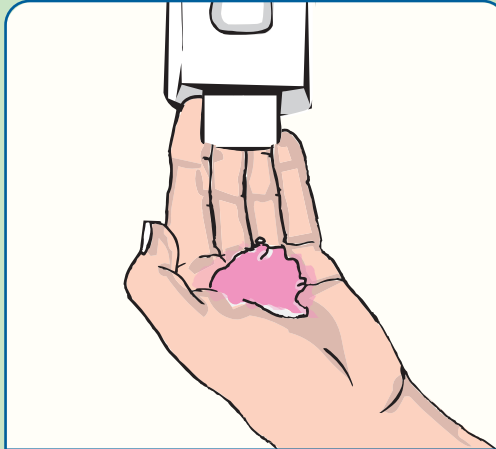


# FIGHT GERMS BY WASHING YOUR HANDS!



**1** Wet your hands



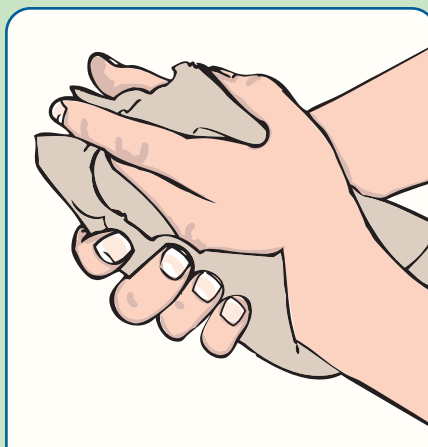
**2** Soap



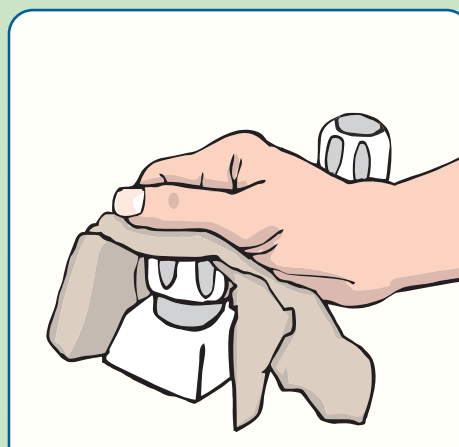
**3** Lather and scrub - 20 sec



**4** Rinse - 10 sec



**5** Dry your hands



**6** Turn off tap

## DONT FORGET TO WASH:

- between your fingers
- under your nails
- the tops of your hands

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