



Indigenous Health



If you or someone you know is receiving medical care in Winnipeg, access these services by calling toll-free

**1.877.940.8880**

You can also ask your health care provider to call Indigenous Health for you.

## PATIENT SERVICES

for Indigenous people receiving medical care in Winnipeg

### Why call Indigenous Health for patient services?

Call if you or your family member:

- speak an Indigenous language
- is being discharged
- want a patient advocate
- want ceremonies or traditional medicines
- need additional support
- are not sure if you need us - we can do an assessment to assist you

Indigenous Health - Patient Services has offices at Health Sciences Centre, St. Boniface Hospital, Seven Oaks General Hospital and Grace Hospital and also have a mobile team that travels to other locations.



Indigenous Health

2735 Pembina Hwy  
Winnipeg, MB R3T 2H5 Canada

Phone: **204.940.8880**  
Toll-Free: **1.877.940.8880**  
Fax: **204.943.1728**

[indigenoushealth@wrha.mb.ca](mailto:indigenoushealth@wrha.mb.ca)



Winnipeg Regional  
Health Authority  
*Caring for Health*

Office régional de la  
santé de Winnipeg  
*À l'écoute de notre santé*

## Indigenous Language Interpretation

Interpreter Resource Workers provide Indigenous language interpretation in Cree, Ojibway, and Oji-Cree languages to support with full or partial language barriers. Interpreters have training in medical terminology and function as members of the health care team.



## Patient Advocacy

Our Regional Indigenous Patient Advocate works on behalf of patients both in hospital and in the community to support their needs and rights. The advocate also partners with Assembly of Manitoba Chiefs Patient Advocacy Unit to make sure individuals who live outside of Winnipeg have support.

## Discharge Planning

Our Regional Discharge Planning Coordinators work as part of your health care team to plan patient discharges. This is to make sure that everyone involved (community, government, health facilities, etc.) have a plan for you or your family member as they leave the hospital. This may involve planning health care in the home community, transportation, housing and medical equipment.

## Spiritual & Cultural Care

We have Spiritual/Cultural Care providers who can perform ceremonies and provide support for patients and their families. Many of our hospitals host smudges and other ceremonies. We also recognize all faiths and can connect you with the appropriate resources at each site.

The Traditional Wellness Clinic is open to everyone and offers support using a traditional healing approach. The clinic is located at Health Sciences Centre and is open two days each month.

Services are available:

Monday to Friday  
8:30 am to 11:00 pm

Saturday, Sunday  
& Statutory Holidays  
11:00 am to 7:00 pm

## Resource Coordination

Interpreter Resource Workers also support Indigenous patients by helping them navigate the health care system and connect with additional support services and organizations. This work begins with an assessment that identifies gaps in care, transportation and discharge needs.

