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Visit these websites:**

- [www.allergan.ca](http://www.allergan.ca)
- [www.wemove.org/spa/](http://www.wemove.org/spa/)



**Health  
Sciences  
Centre**  
Winnipeg



**UNIVERSITY  
OF MANITOBA**

**Accepting patient referrals for treatment.**

*Fax to:* (204) 787-1241, or  
*Mail to:* RR261-800 Sherbrook St.  
Winnipeg, MB R3A 1M4

# ADULT SPASTICITY CLINIC



RR261-800 SHERBROOK ST.  
WINNIPEG, MB R3A 1M4  
PH (204) 787-2453  
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# 1 WHAT IS SPASTICITY?

*A velocity-dependent increase in tone due to an upper motor neuron lesion.*

## SOME CAUSES OF SPASTICITY...



- 1) Stroke
- 2) Cerebral palsy
- 3) Multiple sclerosis
- 4) Spinal cord injury
- 5) Traumatic brain injury

# 2 YOUR CLINICAL TEAM:

- **Physiatrists** (physical medicine and rehabilitation doctors)
- **Rehabilitation nurses**
- **Physiotherapists, occupational therapists, and rehab engineers** as needed

## ADULT SPASTICITY CLINIC

### IS THIS SERVICE COVERED?

Manitoba Health pays for this medical service. Medications, including Botox, are covered under Pharmacare and most insurance plans for this indication.

# 3 WHAT DO THEY DO?

- **Assess**  
spasticity and related disabilities
- **Educate**  
about spasticity and factors for reducing it
- **Treat**  
spasticity through
  - a. Optimizing oral medications
  - b. Botulinum toxin injections (Botox)
  - c. Intrathecal (baclofen) pump therapy
  - d. Orthotic device prescription