

Welcome to the ...

Rehabilitation Day Program

Our program hours are:

**Monday to Friday
8:00 am to 4:00 pm**

Telephone: **787-4707** (Fax: 787-4711)

Report to:

Room RR 152
Rehabilitation Hospital
800 Sherbrook Street
Winnipeg, Manitoba
R3A 1M4

Treatment areas:

RR180 Occupational Therapy
RR183 (Big Gym) Physiotherapy

We are pleased to be part of your rehabilitation experience. In order to maximize your recovery, we ask that you **share your treatment goals** with the team members. **Active participation** is key to achieving a successful outcome.

We welcome your feedback.

If you have any **questions or concerns** please feel free to contact the Rehabilitation Day Program at 787- 4707 or discuss them with your therapist or team members.

Attendance Policy:

Regular attendance is essential for effective treatment outcomes. As a result, we have established the following attendance policy to maximize the effectiveness of your rehabilitation experience.

- **Please call 787-4707 to cancel your appointment** if you will not be able to attend, so that another patient may be booked in your place. An answering machine is available to take your calls after hours. Please provide **24 hours notice** of a cancellation when possible.
- If **2 consecutive appointments** are missed without providing notice to the therapist or program, you may be discharged from the Rehabilitation Day Program.
- Frequent cancellations interfere with treatment progress and may result in discharge from the Rehabilitation Day Program at the discretion of the team.
- If you do not attend and do not contact the department for more than **2 weeks** you may be discharged from the Rehabilitation Day Program.

Appointments:

In order to serve all of our clients better, please note the following:

- Please bring with you or wear clothing and shoes appropriate for exercising.
- Please inform your therapist if you have coverage through the **Workers' Compensation Board (WCB), Manitoba Public Insurance (MPI), Extended Blue Cross** or other private health insurance coverage (for example: NIHB, EIA, DVA, etc.).

Lockers:

Lockers for day use are located in the Rehabilitation Day Program office (RR447). Locks will be provided, however, the Rehab Day Program is not responsible for lost or stolen articles.

Parking:

There is coin operated underground parking beneath the Rehabilitation Hospital (entrance off McDermot Ave) and beneath the Health Sciences Centre main entrance (off Sherbrook Street). There is also a large coin operated, above ground parking lot behind/beside the Manitoba Clinic (access from Sherbrook or Olivia Streets). As well, there is metered parking and some *time limited* free parking on the side streets around the Health Sciences Centre Complex.

Your Team Members:

The **Rehabilitation Medicine Specialist (M.D., FRCPC)** will supervise the selection of patients for the amputee program, prescribe treatments and medications, and with other team members, will assess progress for each patient on an ongoing basis.

The **Physiotherapist (P.T.)** will assess physical function and develop an individualized program of exercises to improve strength, endurance, and balance in preparation for prosthetic fitting. Once the prosthesis is received, the P.T. will teach proper care and wear of it.

The **Occupational Therapist (O.T.)** will assess independence and safety during activities of daily living before and after fitting with the prosthesis. The O.T. will help improve function with self or home management tasks, as well as community management, depending on individual need.

The **Medical Social Worker (S.W.)** will assess your psychosocial situation, locate and arrange assistance where necessary, and provide support and counseling, if required.

The **Registered Nurse (R.N.)** will provide comprehensive and holistic health care through assessment, education, intervention and consultation. These goals will help achieve optimal health, functional status, and maintain one's independence in the community.

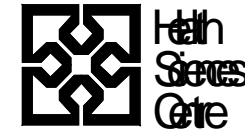
The **Rehabilitation Assistants** support the therapists in maintaining the individual's program. They are responsible for orientating new clients into the program, obtaining necessary, demographic information, and will help direct your questions to the appropriate team member.

You, the **client**, are the most important member of the team. You will be asked to participate to the best of your ability in all aspects of the program. The team will be available to answer any questions you may have about the program.

Welcome to the Team!



Winnipeg Regional Health Authority Office régional de la santé de Winnipeg



The Rehabilitation Day Program

ATTENDANCE POLICY AND INFORMATION BROCHURE